12 Speedball

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Marking Period 2**
Length: **3 Weeks**
Status: **Published**

Brief Summary of Unit

This unit will aid in the development of team play principles, sportsmanship, and cooperative learning through the sport of Speedball. This unit will also provide students with the rules and regulations of Speedball, as well as emphasize ways that the different components of Speedball can be utilized throughout a person's lifetime to help them remain active and physically fit.

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Standards

2.2.12.MSC.1	Explain and demonstrate ways to apply movement skills from one game, sport, aerobics, or recreational activity to another including striking skills (e.g., tennis, badminton, ping pong, racquetball, pickle ball).
2.2.12.MSC.2	Analyze application of force and motion (e.g., weight transfer, power, speed, agility, range of motion) and modify movement to impact performance.
2.2.12.MSC.4	Analyze etiquette, responsibilities, and preparation of players, officials, trainers, and other participants and recommend strategies to improve their performance, participation, and behavior.
2.2.12.PF.1	Compare the short- and long-term benefits of physical activity and the impact on wellness associated with physical, mental, emotional fitness through one's lifetime.
2.2.12.PF.2	Respect and appreciate all levels of ability and encourage with care during all physical activities.
2.2.12.LF.2	Develop a sense of openness and willingness when participating in physical fitness activity to share and learn experiences from your own and other cultures.
2.2.12.LF.5	Describe the social benefits gained from participating in physical activity (e.g., meeting someone, making friends, team work, building trust, experiencing something new).

Essential Questions

• How can we transfer individual sport skills from basketball, soccer, and football to Speedball play?

• What teamwork components are necessary for success in Speedball?

Students Will Know/ Students Will Be Skilled At

•Students will know the rules and regulations of Speedball.

• Students will be skilled at the different individual sport skills that make up Speedball (kicking, throwing, catching, basketball shot)

• Students will know that one may score in a multitude of ways (end zone, shooting into a goal, shooting into a basket).

• Students will know strategies to score vary based on which method of possession you choose

• Students will be skilled at transferring a ball from dribbling with the feet to throwing with the hands, and converting by lifting the ball to themselves or a teammate using their feet

• Students will be skilled at if the ball hits the ground, a player must dribble with their foot until a kick-up or conversion is performed.

Learning Plan

• Preview the essential questions and connect to learning throughout the unit.

•Identify the concepts of Speedball (history, origins, different sports that make up Speedball).

• Participate in individual skill work as well as game play

• Record their results and scores for all games played

•Demonstrate an appropriate level of skill for high school play

•Demonstrate and review possible strategies for offensive and defensive teams.

• Ensure that all students follow safety precautions at all times

•Ensure students dress appropriately for every class.

•Reinforce that students' must act respectfully and follow rules

•Complete competitive tournament play

•Complete unit written quiz

Evidence/ Performance Tasks

Question and answer

Observation of student play and individual skill work

Unit written quiz

Materials

- Basketball hoops
- Soccer ball
- Hockey net
- Pinnies
- Cones

Suggested Strategies for Modification

•one-to-one instruction and assistance
•cooperative learning groups
•additional time on task
•assessment based on individual development in the area of study
•demonstration and visual aids
•study guides made available
•preferential seating
•testing materials appropriate to student level
•Lectures
•Group work
•Class Discussions
•Extended time on quizzes

•Explanation and demonstration through kinesthetic, visual, and auditory manners.