

# 10 Soccer

Content Area: **Health and Physical Education**  
Course(s):  
Time Period: **Marking Period 1**  
Length: **3 Weeks**  
Status: **Published**

## Brief Summary of Unit

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This unit will help to develop team play principles, sportsmanship, and cooperative learning in the sport of Soccer. Students will be able to demonstrate and explain the rules and regulations of the sport.

Revised June 2022

## Standards

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HE.9-12.2.2.12.LF.2	Develop a sense of openness and willingness when participating in physical fitness activity to share and learn experiences from your own and other cultures.
HE.9-12.2.2.12.LF.4	Exhibit responsible social behavior by including and cooperating with classmates of all skill levels, assisting when needed, and collaborating respectfully to solve problems in groups, teams, and in pairs during physical activity.
HE.9-12.2.2.12.LF.5	Describe the social benefits gained from participating in physical activity (e.g., meeting someone, making friends, team work, building trust, experiencing something new).
HE.9-12.2.2.12.PF.1	Compare the short- and long-term benefits of physical activity and the impact on wellness associated with physical, mental, emotional fitness through one's lifetime.
HE.9-12.2.2.12.PF.2	Respect and appreciate all levels of ability and encourage with care during all physical activities.
HE.9-12.2.2.12.MSC.1	Explain and demonstrate ways to apply movement skills from one game, sport, aerobics, or recreational activity to another including striking skills (e.g., tennis, badminton, ping pong, racquetball, pickle ball).
HE.9-12.2.2.12.MSC.2	Analyze application of force and motion (e.g., weight transfer, power, speed, agility, range of motion) and modify movement to impact performance.
HE.9-12.2.2.12.MSC.4	Analyze etiquette, responsibilities, and preparation of players, officials, trainers, and other participants and recommend strategies to improve their performance, participation, and behavior.

## Essential Questions

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- What are the skills and techniques necessary to successfully play soccer?
- Why is teamwork important in a game of soccer?

### **Students Will Know/ Students Will Be Skilled At**

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- Students will know The rules and regulations of soccer
- Students will know the game begins with a kick off
- Students will know that each goal is worth 1 point
- Students will be skilled at the set positions in the sport of soccer

### **Learning Plan**

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- Explain and outline the requirements needed to participate in the individual or group activity
- Discuss ways to practice good sportsmanship.
- Discuss the effectiveness of staying active for a lifetime.

### **Evidence/ Performance Tasks**

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- teacher observation of skills and participation
- unit quiz at the end of unit

### **Materials**

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- Gymnasium
- Music
- Various Sports Equipment
- Study Guides for team/individual sports

### **Suggested Strategies for Modification**

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- Explanation and demonstration through kinesthetic, visual, and auditory manners.
- Skill Presentations
- Cooperative Learning Groups
- Differentiated Instruction