02 Badminton

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Marking Period 1**
Length: **3 Weeks**
Status: **Published**

Brief Summary of Unit

Standards

2.2.12.MSC.1	Explain and demonstrate ways to apply movement skills from one game, sport, aerobics, or recreational activity to another including striking skills (e.g., tennis, badminton, ping pong, racquetball, pickle ball).
2.2.12.MSC.2	Analyze application of force and motion (e.g., weight transfer, power, speed, agility, range of motion) and modify movement to impact performance.
2.2.12.MSC.3	Design, lead and critique rhythmic and physical activity that includes variations in time, space, force, flow, and relationships (e.g., creative, cultural, social, aerobics dance, fitness).
2.2.12.MSC.4	Analyze etiquette, responsibilities, and preparation of players, officials, trainers, and other participants and recommend strategies to improve their performance, participation, and behavior.
2.2.12.PF.1	Compare the short- and long-term benefits of physical activity and the impact on wellness associated with physical, mental, emotional fitness through one's lifetime.
2.2.12.PF.2	Respect and appreciate all levels of ability and encourage with care during all physical activities.
2.2.12.PF.5	Analyze fitness knowledge in strength, conditioning, agility, and the physiological responses of the energy systems effects on the mind and body before, during, and after physical fitness activities.
2.2.12.LF.2	Develop a sense of openness and willingness when participating in physical fitness activity to share and learn experiences from your own and other cultures.
2.2.12.LF.4	Exhibit responsible social behavior by including and cooperating with classmates of all skill levels, assisting when needed, and collaborating respectfully to solve problems in groups, teams, and in pairs during physical activity.
2.2.12.LF.5	Describe the social benefits gained from participating in physical activity (e.g., meeting someone, making friends, team work, building trust, experiencing something new).

Essential Questions

-What are the skills and techniques necessary to successfully play badminton?

-Why is it important to understand how to perform complex motor skills?

Students Will Know/Students Will be Skilled At

-the rules and regulations of badminton

-The game begins with a serve from one team

-that each score is worth 1 point

-that there is no physical contact allowed

Learning Plan

-Explain and outline the requirements needed to participate in the individual or group activity

-Discuss ways to practice good sportsmanship.

-Discuss the effectiveness of staying active for a lifetime.

Evidence/Performance Tasks

-Teacher observation of skills and participation

-unit quiz at the end of unit

Materials

-Gymnasium

-Music

-Various Sports Equipment

-Study Guides for team/individual sports

Suggested Strategies for Modification

-Explanation and demonstration through kinesthetic, visual, and auditory manners.

-Skill Presentations

-Cooperative Learning Groups

-Differentiated Instruction