Unit 03: Cooperative Games

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Marking Period 1**
Length: **3-4 Weeks**
Status: **Published**

Brief Summary of Unit

This unit will support development of team play principles, sportsmanship, and cooperative learning. This unit will also provide students with the rules and regulations of various adapted games and activities. This unit will concentrate on the development of different fine and gross motor skills and movement concepts. This unit will also help to develop character, healthy social interaction and personal responsibility.

Standards

2.1.2	Personal and Mental Health
2.1.2.EH	Emotional Health
2.2.2	Physical Wellness
2.2.2.PF	Physical Fitness

Transfer

Essential Questions

- How are group games beneficial for improving communication skills?
- How can group games be beneficial for improving cooperation and interpersonal skills?
- How does cooperation lead to success within a team?
- What are some safety concerns for participation in large group games?

Essential Understandings

- all activities will develop both fine and gross motor skills and movement concepts.
- all individuals must contribute in order to have success on a team.
- certain games require crossover skills from other activities and sports.
- cooperation and communication are essential for success in cooperative games.

Students Will Know

- all rules and regulations and demonstrate the ability to follow all safety protocol.
- how to apply sport and fitness skills to a cooperative group game.
- how to demonstrate the ability to work cooperatively with a team in achieving a common goal.
- how to identify alternate strategies or improvements that could be made to increase the chance of success in future game play.

Students Will Be Skilled At

Evidence/Performance Tasks

- answer the essential questions.
- complete a written test on content knowledge.
- demonstrate a level of skill.
- demonstrate the ability to listen, communicate, and cooperate in a team environment.
- explain the rules and regulations for each group activity.
- follow safety precautions at all times.
- participate in all class activities.

Learning Plan

- Identify all equipment and its proper use.
- Introduce the concepts and rules for a variety of cooperative games and activity.
- Observe and evaluate for reinforcement of skills and knowledge
- Participation in various games and cooperative activities.
- Review safety concerns and procedures.
- Review strategies that were successful in cooperative games.
- Review the skills needed in each cooperative game or activity.

Materials

Suggested Strategies for Modifications

- Explanation and demonstration through kinesthetic, visual, and auditory strategies
- Students having difficulty will be encouraged to seek assistance from a peer or teacher for additional support.