Unit 06: Field Hockey

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Marking Period 1**
Length: **3-4 Weeks**
Status: **Published**

Brief Summary of Unit

This unit will support the development of team play principles, sportsmanship, and cooperative learning. Students will learn the skills, rules, regulations, equipment, strategies and safety precautions used in field hockey. Students will participate in multiple lead up drills and games. Students will learn and understand the difference between field hockey and floor hockey.

Standards

2.2.2	Physical Wellness
2.2.2.MSC	Movement Skills and Concepts
2.2.2.PF	Physical Fitness

Transfer

Essential Questions

- What are the rules of field hockey?
- What are the safety considerations unique to field hockey?
- What other sports share a crossover of skills similar to field hockey?
- What physical skills are necessary to play field hockey?
- What safety concerns are unique to field hockey?

Essential Understandings

- field hockey has different rules and regulations than floor hockey.
- players have different roles depending on their position.
- teamwork and cooperation is an important aspect of field hockey.
- there are specific ways to hold and use the stick in field hockey.

Students Will Know

- brief history of field hockey.
- correct field hockey terminology and rules.
- proper stick hand grip depending on how the stick is engaged (dribbling, passing, receiving, hitting, pulling).
- proper techniques in the above mentioned skills.
- safety considerations unique to field hockey.
- that field hockey is an Olympic sport.

Students Will Be Skilled At

Evidence/Performance Tasks

- answer the essential questions.
- apply crossover knowledge and skills from other sports.
- describe, discuss, and perform the skills related to field hockey.
- participate in modified lead up games that incorporate the skills learned in class.
- take a written assessment on the skills, rules, and positions of field hockey.

Learning Plan

- Have students participate in skill practice both individually and with a partner.
- Make students aware of essential safety considerations unique to field hockey.
- Model, demonstrate, and discuss field hockey skills and techniques (dribbling, passing, receiving, hitting, pulling, dodging).
- Students participate in controlled, simulated field hockey games.
- Students will apply newly acquired field hockey skills into specifically designed lead up and modified games.

Materials

Suggested Strategies for Modifications

- Explanation and demonstration through kinesthetic, visual, and auditory strategies
- Students having difficulty will be encouraged to seek assistance from a peer or teacher for additional support.