Unit 08: Floor Hockey

Content Area: **Health and Physical Education**
Course(s):
Time Period: **Marking Period 1**
Length: **3-4 Weeks**
Status: **Published**

Brief Summary of Unit

This unit will support the development of team play principles, skills, sportsmanship and cooperative learning.This unit will also provide students with the rules, regulations, safety concerns and strategies of hockey. This unit will also include several variations, lead up games and small sided games of hockey, as well as make students aware of the differences between floor hockey and field hockey.

Standards

2.2.2	Physical Wellness
2.2.2.MSC	Movement Skills and Concepts
2.2.2.PF	Physical Fitness

Transfer

Essential Questions

- What are the different positions in floor hockey?
- What are the different types of shots in floor hockey?
- What skills are necessary in the game of floor hockey?
- What types of strategies are developed and utilized in floor hockey?
- Why is it important that each player plays his/ her position appropriately?
- Why is safety such an important component of floor hockey?

Essential Understandings

- both offense and defense are of equal importance in floor hockey.
- positioning is important for success in field hockey.
- safety is a main concern in floor hockey.

Students Will Know

- basic offensive and defensive strategies of floor hockey.
- each goal is worth one point in floor hockey.
- each team fields six players in floor hockey.
- key terms related to floor hockey: stick, ball, puck, goal, stick handling, slapshot, wrist shot, pass, backhand, penalties, face off, high sticking, offense, defense.
- the different positions in floor hockey.
- the equipment and its proper use in floor hockey.
- the safety rules and procedures of floor hockey.

Students Will Be Skilled At

Evidence/Performance Tasks

- act respectfully and follow all rules.
- answer the essential questions.
- complete a written test on content knowledge.
- demonstrate a level of skill.
- demonstrate the ability to communicate, cooperate, and work on a team.
- follow safety precautions at all times.
- identify the differences between hockey variations in Physical Education and hockey on the professional level.
- participate in class activities and game play.

Learning Plan

- Demonstrate and review the skills necessary (stick handling, passing, receiving, shooting, defense, goal tending).
- Participate in game variations.
- Practice skills and observe and evaluate for reinforcement of skills.
- Review safety rules and regulations.
- Review the proper use of all equipment (goal, pucks, sticks, pads).

Materials

Suggested Strategies for Modifications

- Explanation and demonstration through kinesthetic, visual, and auditory strategies
- Students having difficulty will be encouraged to seek assistance from a peer or teacher for additional support.