8 Family Life and Pregnancy

Content Area: **Physical Education & Health**
Course(s):
Time Period: **Marking Period 3**
Length: **7-8 days**
Status: **Published**

Unit Overview

In this unit, students will explore:

Individual actions, genetics, and family history can play a role in an individual's personal health.

An awareness of the stages of pregnancy and prenatal care can contribute to a healthy pregnancy and the birth of a healthy child.

There are a variety of factors that affect the social, emotional, and financial challenges that are associated with parenthood.

Inclusive schools and communities are accepting of all people and make them feel welcome and included.

Relationships are influenced by a wide variety of factors, individuals, and behaviors.

Potential solutions to health issues are dependent on health literacy and locating resources accessible in a community.

Individuals may experience interpersonal and/or sexual violence for a variety of reasons, but the victim is never to blame.

Diseases can be contracted from a variety of sources and choices individuals make may contribute to or prevent a person from being susceptible to a disease or health condition.

Standards

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    - 2.1.8.PP.1: Describe pregnancy testing, the signs of pregnancy, and pregnancy options,

including parenting, abortion, and adoption.

- 2.1.8.PP.2: Summarize the stages of pregnancy from fertilization to birth.
- 2.1.8.PP.3: Identify prenatal practices that support a healthy pregnancy and identify where to find medically accurate sources of information about prenatal care.
- 2.1.8.PP.4: Predict challenges that may be faced by adolescent parents and their families.
- 2.1.8.PP.5: Identify resources to assist with parenting.
- 2.1.8.SSH.1: Differentiate between gender identity, gender expression and sexual orientation.
- 2.1.8.SSH.2: Develop a plan for the school to promote dignity and respect for people of all genders, gender identities, gender expressions, and sexual orientations in the school community.
- 2.1.8.SSH.6: Examine how culture influences the way families cope with traumatic situations, crisis, and change.
- 2.1.8.PGD.3: Describe the human reproductive systems, the external and internal body parts and their functions, and the natural variations that exist in human bodies.

Exemplar Learning Activities

Topics may include

- Definition and function of reproductive systems
- Pregnancy options and outcomes
- Challenges of adolescent pregnancy
- Community resources for prevention
- Facts about teen pregnancy
- Signs of Pregnancy and complications
- Pregnancy cycle
- Diversity and acceptance (cultural, identity, expression)
- Family types and structures (single parent, same-sex, nuclear)

Materials

Core Materials:

- New Jersey CHPE Standards
- District provided materials
- Curriculum
    - Everybody's Got Parts: Parts I & II
    - Pregnancy Basics (New in 2021)
    - Great Expectations: Pregnancy signs and symptoms
    - Communicating about a Sensitive Topic
    - STI Basics: Reducing Risks
    - Healthy or Unhealthy Relationships
    - Protecting your Health
    - Warning Signs: Assualt and Domestic Violence

Videos

- Genetics growth and development
- Brainpop Reproductive system (transcript)
- Brainpop Sexual Reproduction (transcript)
- Brainpop Sex determination (transcript)
- Brainpop Pregnancy & Fetal Development (transcript)
- Brainpop Heredity (transcript)
- Ovulation and Menstrual Cycle
- Fertilization and Child Birth
- Labor and Delivery
- Pregnancy, the first trimester
- Fertilization
- C-Section
- Menstrual Cycle
- STD's
- Who can get STD's

Supplemental Materials:

- Newsela articles
- Powerpoint Presentations
- Visual Aids
- Demo weights

Technology

Technology Literacy

9.4.

Evidence of Learning/Assessment

Formative Assessment

- Teacher Observation
- Exit Tickets
- Self-Assessment

Summative Assessment

- Quizzes
- Tests
- Projects

Accommodations & Modifications

Special Education

Follow IEP Plan which may contain some of the following examples…

- Preferred seating
- Questions read aloud
- Extended time for completing tasks
- Graphic organizers
- Vocabulary support

- Mnemonic devices
- Songs/videos to reinforce concepts
- Limit the number of questions
- Scribe

504

Follow 504 Plan which may contain some of the following examples…

- Preferred seating
- Questions read aloud
- Extended time for completing tasks
- Graphic organizers
- Vocabulary support
- Mnemonic devices
- Songs/videos to reinforce concepts
- Limit the number of questions
- Scribe

ELL

- Translation device/dictionary
- Preferred seating
- Questions read aloud
- Extended time for completing tasks
- Graphic organizers
- Vocabulary support
- Mnemonic devices

- Songs/videos to reinforce concepts
- Limit number of questions
- Scribe

At-risk of Failure

- Preferred seating
- Questions read aloud
- Extended time for completing tasks
- Graphic organizers
- Vocabulary support
- Mnemonic devices
- Songs/videos to reinforce concepts
- Study Guides
- Limit the number of questions
- Scribe

Gifted & Talented

- Independent projects
- Tiered grouping

Interdisciplinary Connections

Connections to NJSLS - English Language Arts

- RI.2.1 Ask and answer such questions as who, what, where, when, why, and how to demonstrate understanding of key details in a text. (2-PS1-4)
- RI.2.3 Describe the connection between a series of historical events, scientific ideas or concepts, or steps in technical procedures in a text. (2-PS1-4)
- W.2.8Recall information from experiences or gather information from provided sources to answer a question.

(2-PS1-1), (2-PS1-2), (2-PS1-3)

Connections to NJSLS - Mathematics

- MP.2 Reason abstractly and quantitatively. (2-PS1-2)

Connections to NJSLS - Science

Connections to NJSLS - Social Studies

Climate Change: Technology - Effects on the Natural World

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Connection to NJDOE SEL Competencies

- Self-Awareness
- Self-Management
- Social Awareness
- Responsible Decision-Making
- Relationship Skills

Amistad Law:

N.J.S.A. 18A 52:16A-88 Every board of education shall incorporate the information regarding the contributions of African-Americans to our country in an appropriate place in the curriculum of elementary and secondary school students. Historical figures in science and sports.

Holocaust Law:

N.J.S.A. 18A:35-28 Every board of education shall include instruction on the Holocaust and genocides in an appropriate place in the curriculum of all elementary and secondary school pupils. The instruction shall further emphasize the personal responsibility that each citizen bears to fight racism and hatred whenever and wherever it happens.

Bullying and respect for others.

Asian American and Pacific Islander Studies Legislation:

Every board of education shall incorporate the information regarding the contributions of Asian American and Pacific Islander musicians to our country in an appropriate place in the curriculum of elementary and

secondary school students.

DEI

Beginning in the 2021-2022 school year, each school district shall incorporate instruction on diversity and inclusion in an appropriate place in the curriculum of students in grades kindergarten through 12 as part of the district's implementation of the New Jersey Student Learning Standards P.L. 2021 Ch 32.

LGTB & Disability

A board of education shall include instruction on the political, economic, and social contributions of persons with disabilities and lesbian, gay, bisexual, and transgender people, in an appropriate place in the curriculum of middle school and high school students as part of the district's implementation of the New Jersey Student Learning Standards (N.J.S.A.18A:35-4.36)

NJ Curriculum Mandates: Galloway Teacher Resource Crosswalk

Historical figures in science and sports.

Career Readiness, Life Literacies, and Key Skills

Critical Thinking and Problem Solving:

- 9.4.2.CT.1: Gather information about an issue, such as climate change, and collaboratively brainstorm ways to solve the problem (e.g., K-2-ETS1-1, 6.3.2.GeoGI.2).
- 9.4.2.CT.2: Identify possible approaches and resources to execute a plan (e.g., 1.2.2.CR1b, 8.2.2.ED.3).
- 9.4.2.CT.3: Use a variety of types of thinking to solve problems (e.g., inductive, deductive).

Career Ready Practices

- CRP6. Demonstrate creativity and innovation.

- CRP8. Utilize critical thinking to make sense of problems and persevere in solving them.