

# Unit 4: December

Content Area: **Sample Content Area**  
Course(s): **Sample Course, Guidance 7-8**  
Time Period: **December**  
Length: **4 Weeks Grades 7 and 8**  
Status: **Published**

## **Title Section**

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## **Department of Curriculum and Instruction**



**Belleville Public Schools**

**Curriculum Guide**

# Guidance

## 7-8

**Belleville Board of Education**

**102 Passaic Avenue**

**Belleville, NJ 07109**

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Board Approved:

## **Unit Overview**

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Responsibility

Decision Making

Stress and Conflict

## **Enduring Understanding**

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**Responsibility** involves being a dependable and reliable person that is committed to following through on their obligations. Being responsible includes demonstrating a variety of positive character skills such as self-control, perseverance, initiative, effort and goal setting.

## **Essential Questions**

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- How do I learn to accept criticism and accept consequences?
- What strategies can I learn to avoid and resolve conflict?
- How do I strengthen my problem solving skills?
- How do I become a better decision maker?
- What is an appropriate response to a difficult situation?
- Why is accepting consequences beneficial?
- How do I learn to practice self-control?

## **Exit Skills**

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By the end of Unit 4 students should be able to:

- Identify the steps necessary for making decisions
- Use a decision-making model to determine a course of action
- Choose positive solutions to various conflict situations
- Demonstrate ways to get help in school
- Use skills to handle difficult situations and identify peer pressure techniques

## **Interdisciplinary Connections**

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LA.SL.7.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 7 topics, texts, and issues, building on others' ideas and expressing their own clearly.
LA.SL.7.1.C	Pose questions that elicit elaboration and respond to others' questions and comments with relevant observations and ideas that bring the discussion back on topic as needed.
LA.SL.7.1.D	Acknowledge new information expressed by others and, when warranted, modify their

own views.

## **Learning Objectives**

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- Learn and apply critical-thinking skills
- Understand consequences of decisions and choices
- Provide examples of how past decisions have affected present actions
- Identify and understand the importance of finding alternative to decisions
- Demonstrate when, where and how to seek help for solving problems and decision making
- Develop effective coping skills for dealing with problems

## **Ancillary Resources**

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## **Alignment to 21st Century Skills & Technology**

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Mastery and infusion of **21st Century Skills & Technology** and their Alignment to the core content areas is essential to student learning. The core content areas include:

- English Language Arts;
- Mathematics;
- Science and Scientific Inquiry (Next Generation);
- Social Studies, including American History, World History, Geography, Government and Civics, and Economics;
- World languages;
- Technology;
- Visual and Performing Arts.

## **21st Century Skills/Interdisciplinary Themes**

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- Communication and Collaboration

- Creativity and Innovation
- Critical thinking and Problem Solving
- ICT (Information, Communications and Technology) Literacy
- Information Literacy
- Life and Career Skills
- Media Literacy

HPE.2.1.8.A.1

Assess and apply Health Data to enhance each dimension of personal wellness.

HPE.2.1.8.A.CS1

Developing and maintaining wellness requires ongoing evaluation of factors impacting health and modifying lifestyle behaviors accordingly.

## **21st Century Skills**

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- Civic Literacy
- Environmental Literacy
- Financial, Economic, Business and Entrepreneurial Literacy
- Global Awareness
- Health Literacy

## **ACA Resources**

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- Referral Agencies
- Counseling Resources
- Professional Development Resources
- ACA Advocacy
- ACA News