Unit 5: January

Content Area: **Sample Content Area**
Course(s): **Guidance 7-8**
Time Period: **January**
Length: **4 Weeks Grades 7 and 8**
Status: **Published**

Title Section

Department of Curriculum and Instruction

Belleville Public Schools

Curriculum Guide

Guidance

7-8

Belleville Board of Education

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Board Approved:

Unit Overview

Citizenship

Goal Setting

Community Services

ASCA Model

Academic Development

Standard B: Students will complete school with the academic preparation essential to choose from

a wide range of substantial postsecondary options, including college.

A:B1.1 Demonstrate the motivation to achieve individual potential

A:B2.1 Establish challenging academic goals in elementary, middle and high school

A:B2.4 Apply Knowledge of aptitudes and interests to goal setting

A:B2.5 Use problem solving and decision making skills to assess progress toward educational goals

Personal/Social Development

Standard B: Students will make decisions, set goals and take necessary action to achieve goals.

PS:B1.9 Identify long and short term goals

PS:B1.10 Identify alternative ways of achieving goal

PS:B1.12 Develop and action plan to set and achieve realistic goals

Enduring Understanding

Citizenship is the duty and responsibility that come with being a member of a community.

Goal Setting the process of deciding what you want to accomplish and devising a plan to achieve the result you desire.

Essential Questions

How do I distinguish between a short term and long term goal?

How do I set goals for my time in middle school?

How do I set goals for high school and college?

How do I set goals for my transition into the next grade?

Exit Skills

By the end of Unit 5 students should be able to:

Identify strategies for reaching a goal

Assess their areas of strengths and weaknesses

Identify strategies for improvement

Demonstrate decision-making and teamwork skills

Identify values of importance to them

List steps necessary to reach their long-term goals

Interdisciplinary Connections

LA.SL.7.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 7 topics, texts, and issues, building on others' ideas and expressing their own clearly.
LA.SL.7.1.B	Follow rules for collegial discussions, track progress toward specific goals and deadlines, and define individual roles as needed.
LA.SL.7.1.D	Acknowledge new information expressed by others and, when warranted, modify their own views.

Learning Objectives

Describe a goal

Describe the difference between a long-term and short-term goal

Learn to set long-term and short-term goals

Demonstrate a goal setting process

Demonstrate motivation to achieve full potential and reach desired goals

Use problem-solving and decision-making skills to assess progress towards educational goals

Identify alternative ways of achieving goals

Know how to apply conflict resolution skills

Ancillary Resources

Alignment to 21st Century Skills & Technology

Mastery and infusion of **21st Century Skills & Technology** and their Alignment to the core content areas is essential to student learning. The core content areas include:

- English Language Arts;
- Mathematics;
- Science and Scientific Inquiry (Next Generation);
- Social Studies, including American History, World History, Geography, Government and Civics, and Economics;
- World languages;
- Technology;
- Visual and Performing Arts.

HPE.2.1.8.A.1	Assess and apply Health Data to enhance each dimension of personal wellness.
HPE.2.1.8.A.CS1	Developing and maintaining wellness requires ongoing evaluation of factors impacting health and modifying lifestyle behaviors accordingly.

21st Century Skills/Interdisciplinary Themes

- Communication and Collaboration
- Creativity and Innovation
- Critical thinking and Problem Solving
- ICT (Information, Communications and Technology) Literacy

- Information Literacy
- Life and Career Skills
- Media Literacy

21st Century Skills

- Civic Literacy
- Environmental Literacy
- Financial, Economic, Business and Entrepreneurial Literacy
- Global Awareness
- Health Literacy