

# Unit 7: March

Content Area: **Sample Content Area**  
Course(s): **Guidance 7-8**  
Time Period: **February**  
Length: **4 Weeks Grades 7 and 8**  
Status: **Published**

## **Title Section**

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## **Department of Curriculum and Instruction**



**Belleville Public Schools**

**Curriculum Guide**

**Guidance**

**7-8**

**Belleville Board of Education**

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**Belleville, NJ 07109**

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Board Approved:

## **Unit Overview**

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Testing

Study Skills

## **ASCA Model**

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Academic Development

Standard A: Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

A:A2.1 Apply time-management and task-management skills

Standard B: Students will complete school with the academic preparation essential to choose from

a wide range of substantial postsecondary options, including college

A:B1.3 Apply the study skills necessary for academic success at each level

A:B1.5 Organize and apply academic information from a variety of sources

A:B1.7 Become a self-directed and independent learner

A:B2.3 Develop and implement annual plan of study to maximize academic ability and achievement

### **Enduring Understanding**

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Study Skills are strategies and approaches that are applied to learning. They are critical to success in school and are considered essential for acquiring good grades, and are useful for learning throughout one's life.

### **Essential Questions**

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How do I manage my time to maximize academic achievement?

How do I develop effective test taking habits?

How do I develop effective study habits?

### **Exit Skills**

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By the end of Unit 7 students should be able to:

Demonstrate appropriate study skills

Demonstrate and use test anxiety strategies

Apply study techniques

Manage time for short-term and long-term assignments

## **Interdisciplinary Connections**

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LA.SL.7.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 7 topics, texts, and issues, building on others' ideas and expressing their own clearly.
LA.SL.7.1.C	Pose questions that elicit elaboration and respond to others' questions and comments with relevant observations and ideas that bring the discussion back on topic as needed.
LA.SL.7.1.D	Acknowledge new information expressed by others and, when warranted, modify their own views.

## **Learning Objectives**

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Organize and apply academic information

Apply study skills necessary for academic success

Develop a plan for managing time

Identify study skills

Apply time-management skills

Demonstrate productivity and initiative

Become an independent and self-directed learner

## **Ancillary Resources**

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## **21st Century Skills**

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Refs Description

0x • Global Awareness

0x • Financial, Economic, Business and Entrepreneurial Literacy

0x • Civic Literacy

0x • Health Literacy

0x • Environmental Literacy

HPE.2.1.8.A.1

Assess and apply Health Data to enhance each dimension of personal wellness.

HPE.2.1.8.A.CS1

Developing and maintaining wellness requires ongoing evaluation of factors impacting health and modifying lifestyle behaviors accordingly.