# Pacing Guide

Content Area: **PE/Health**
Course(s): **Phys. Ed./ Health Gr. 5**
Time Period: **Sept-June**
Length: **180 Days**
Status: **Published**

## Fifth Grade PE/Health Pacing Guide

# Belleville Public Schools Unit Pacing Guide

**Content Area: Comprehensive Health/Physical Education**
**Course(s): Grade 5**
**Time Period: September - June, 180 Days**

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| Unit 1:<br>Maintaining a Healthy Lifestyle | September/October<br>36 Days |
| Unit 2:<br>Team Games and Goals | November/December<br>36 Days |
| Unit 3:<br>Teamwork and Sportsmanship | January/February<br>36 Days |
| Unit 4:<br>Building Life Skills | March/April<br>36 Days |

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| Unit 5:<br>Enjoying Physical Activity | May/June<br>36 Days |