

Pacing Guide

Content Area: **PE/Health**
Course(s): **Phys. Ed./ Health Gr. 4**
Time Period: **Sept-June**
Length: **180 Days**
Status: **Published**

Fourth Grade PE/Health Pacing Guide



Belleville Public Schools Unit Pacing Guide

Content Area: Comprehensive Health/Physical Education

Course(s): Grade 4

Time Period: September - June, 180 Days

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| Unit 1: Maintaining a Healthy Lifestyle | September/October 36 Days |
| Unit 2: Movement, Team Games, and Goals | November/December 36 Days |
| Unit 3: Teamwork and Sportsmanship | January/February 36 Days |
| Unit 4: Building Life Skills | March/April 36 Days |

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| Unit 5: Enjoying Physical Activity | May/June 36 Days |