

# Unit Pacing Guide

Content Area: **PE/Health**  
Course(s):  
Time Period: **Sample Time Period**  
Length: **September - June**  
Status: **Published**

## Unit Pacing Guides

---



## Belleville Public Schools Unit Pacing Guide

**Content Area: Health/Physical Education**

**Course(s): Comprehensive Health and Physical Education, Grade 3**

**Time Period: September - June**

**Division of Units / Topics:**

|  |             |
|--|-------------|
| Unit Plan 1: Maintaining a Healty Lifestyle    | September-O |
| Unit Plan 2: Eating Right and Exercising Daily | November-De |
|  |             |

|   |             |
|---|-------------|
| Unit Plan 3: Teamwork                   | January-Feb |
| Unit Plan 4: Building Life Skills       | March-Apr   |
| Unit Plan 5: Enjoying Physical Activity | May-Jun     |
|   |             |