

Pacing Guide

Content Area: **PE/Health**
Course(s): **Phys. Ed./ Health Gr. 1**
Time Period: **Sept-June**
Length: **180 Days**
Status: **Published**

First Grade PE/Health Pacing Guide



Belleville Public Schools Unit Pacing Guide

Content Area: Comprehensive Health and Physical Education

Course(s): Grade 1

Time Period: September - June, 180 Days

Unit 1: Healthy Lifestyles	September/October 36 Days
Unit 2: Sportsmanship	November/December 36 Days
Unit 3: Teamwork	January/February 36 Days
Unit 4: Enjoying Physical Activity	March/April 36 Days

Unit 5: Exercise Daily	May/June 36 Days