

**Belleville Public Schools**  
 Comprehensive Health & Physical Education  
 NJ Statutes  
 Grades 7-12

**Prepared by:** Curriculum Team, 2019-2020

Dr. Richard Tomko, Ph.D., M.J., Superintendent of Schools

Ms. LucyAnn Demikoff, Director of Curriculum and Instruction K-12

Ms. Nicole Shanklin, Director of Elementary Education

Mr. George Droste, Director of Secondary Education

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Our health curricula promote health literacy by addressing the following areas:

<b>Health Literacy:</b>
<ul style="list-style-type: none"> <li>● Obtaining, interpreting, and understanding basic health information and services and using such information and services in ways that are health enhancing.</li> </ul>
<ul style="list-style-type: none"> <li>● Understanding preventive physical and mental health measures, including proper diet, nutrition, exercise, risk avoidance, and stress reduction.</li> </ul>
<ul style="list-style-type: none"> <li>● Using available information to make appropriate health-related decisions.</li> </ul>
<ul style="list-style-type: none"> <li>● Establishing and monitoring personal and family health goals.</li> </ul>
<ul style="list-style-type: none"> <li>● Understanding national and international public health and safety issues.</li> </ul>

Additionally, our health curricula address all required NJ statutes and regulations. Next to each topic in the chart, the unit(s) where the information is addressed, by grade level, can be found (via McGraw Hill). For any grade level where additional supports/resources are included, it reads "See Addendum." *Please note that the following topics are addressed using age-appropriate language and examples:*

<b>NJ State Mandated Topics</b>	<b>7-8 (MS)</b>	<b>9-12 (HS)</b>
Accident and Fire Prevention (N.J.S.A. 18A:6-2)	Unit 10	Unit 9
Bullying Prevention Programs (N.J.S.A. 18A:37- 17)	Unit 2	Unit 3
Cancer Awareness (N.J.S.A. 18A:40-33)	Unit 9	Unit 8
Domestic Violence Education (N.J.S.A. 18A:35-4.23)	Unit 4	Unit 3
Drugs, Alcohol, Tobacco, Controlled Dangerous Substances, and Anabolic Steroids (N.J.S.A. 18A:40A-1)	Unit 8	Unit 7

Lyme Disease Prevention (N.J.S.A. 18A:35-5.1)	Unit 9	Unit 8
Sexual Assault Prevention (N.J.S.A. 18A:35-4.3)	Unit 4	Unit 3
Family Life Education (N.J.S.A. 18A:35-4.19-20)	Unit 1; Unit 11	Unit 10; Unit 11
Suicide Prevention (N.J.S.A. 18A: 6-111)	Unit 3	Unit 2
Dating Violence Education (N.J.S.A. 18A: 35-4.23a)	Unit 4	Unit 3
Breast Self-Examination Instruction (N.J.S.A. 18A:35-5.4)	See Add.	See Add.
Organ Donation (N.J.S.A. 18A:7F-4.3)	N/A	See Add.
CPR / AED Instruction (N.J.S.A. 18A:35-4.28-4.29)	N/A	See Add.

### **Glossary of New Jersey Statutes:**

(<https://www.state.nj.us/education/cccs/2014/chpe/standards.pdf>)

<b>New Jersey Statutes:</b>
Dating Violence Prevention Bill: N.J.S.A. 18A:35-4.23 a (2010)
CPR/ AED Instruction Bill (N.J.S.A. 18A:35-4.28-4.29) (2014)
Accident and Fire Prevention (N.J.S.A. 18A:6-2) requires instruction in accident and fire prevention.
Breast Self-Examination (N.J.S.A. 18A:35-5.4) requires instruction on breast self-examination.
Bullying Prevention Programs (N.J.S.A. 18A:37- 17) requires the establishment of bullying prevention programs.
Cancer Awareness (N.J.S.A. 18A:40-33) requires the development of a school program on cancer awareness.
Dating Violence Education (N.J.S.A. 18A: 35-4.23a) requires instruction regarding dating violence in grades 7-12.
Domestic Violence Education (N.J.S.A. 18A:35-4.23) allows instruction on problems related to domestic violence and child abuse.
Gang Violence Prevention (18A:35-4.26) requires instruction in gang violence prevention for elementary school students.
Health, Safety, and Physical Education (N.J.S.A.18A:35) requires that all students in grades 1 through 12 participate in at least two and one-half hours of health, safety, and physical education in each school week.
Drugs, Alcohol, Tobacco, Controlled Dangerous Substances, and Anabolic Steroids (N.J.S.A. 18A:40A-1) requires instructional programs on drugs, alcohol, anabolic steroids, tobacco, and controlled dangerous substances and the development of curriculum guidelines.
Lyme Disease Prevention (N.J.S.A. 18A:35-5.1) requires the development of Lyme disease curriculum guidelines.

Organ Donation (N.J.S.A. 18A:7F-4.3) requires information relative to organ donation to be given to students in grades 9 through 12.

Sexual Assault Prevention (N.J.S.A. 18A:35-4.3) requires the development of a sexual assault prevention education program.

Stress Abstinence\* (N.J.S.A. 18A:35-4.19-20), also known as the “AIDS Prevention Act of 1999,” requires sex education programs to stress abstinence (*\*referred to within our family life education instruction*)

Suicide Prevention (N.J.S.A. 18A: 6-111) requires instruction in suicide prevention in public schools.

#### Addendum\*

##### Organ Donation

- <https://www.njsharingnetwork.org/education>

##### CPR / AED Instruction

- <https://cpr.heart.org/en/training-programs/aed-implementation>

##### Breast Self-Examination Instruction

- [https://www.breastcancer.org/symptoms/testing/types/self\\_exam](https://www.breastcancer.org/symptoms/testing/types/self_exam)

#### **Additional Resources:**

##### Dating Violence

- <https://nj.gov/education/aps/cccs/chpe/dating/policy.pdf>
- <https://nj.gov/education/aps/cccs/chpe/dating/resources.htm>

##### Bullying Prevention

- <https://www.state.nj.us/education/students/safety/behavior/hib/>

##### Dangers of Substance Abuse

- <https://www.state.nj.us/education/students/safety/behavior/atd/>

##### Domestic Violence Education Resources

- <https://www.womenagainstabuse.org/education-resources>
- <https://www.thehotline.org/>

##### Lyme Disease Prevention Resources

- <https://lymediseaseassociation.org/category/resources/>
- <https://globallymealliance.org/education-awareness/curriculum-educational-activities/>

##### Sexual Assault Prevention Resources

- <https://njcasa.org/about/>

##### Family Life Education Resources

- <https://www.state.nj.us/education/students/safety/health/fle/>

##### Suicide Prevention Resources

- <https://www.state.nj.us/education/students/safety/behavior/suicide/>

\*These are helpful resources but not an exhaustive list