

# Unit 5: Basic Hand Stitches

Content Area: **CTE**  
Course(s): **Fashion**  
Time Period: **NovDec**  
Length: **6 weeks/grade 9-12**  
Status: **Published**

## **Title Section**

---

## **Department of Curriculum and Instruction**



**Belleville Public Schools**

Curriculum Guide

**Fashion**

**Grades 9-12**

**Belleville Board of Education**

**102 Passaic Avenue**

**Belleville, NJ 07109**

**Prepared by: J. Worster**

Dr. Richard Tomko, Superintendent of Schools

Mr. Thomas D’Elia, Director of Curriculum and Instruction

Ms. Diana Kelleher, District Supervisor of ELA/Social Studies

Mr. George Droste, District Supervisor of Math/Science

Board Approved: September 19, 2016

## **Unit Overview**

---

Hand sewing is a skill that must be developed and practiced. The fundamentals of sewing start with identify sewing tools and utilizing them to perform specific functions in sewing construction. To quilt, embroider, mend, construct or attach a button, hand stitching using a needle, thread, fabric and knowledge are required. Rolled or backstitch knots secure the thread in fabric for hand sewing. Hand stitches have a specific job or purpose in creating a fabric project. Hand stitches are performed in a uniform repetitive pattern that requires practice in order to develop the skill. These stitches can be for temporary use or permanent, decorative or invisible/blind depending on construction requirements. Hand stitches can professionally finish garments and projects while adding individual creativity.

## **NJSLS**

---

9.3.12.ED.1	Apply communication skills with students, parents and other groups to enhance learning and a commitment to learning.
9.3.12.ED.2	Demonstrate effective oral, written and multimedia communication in multiple formats and contexts.
9.3.12.ED.3	Use critical thinking to process educational communications, perspectives, policies and/or procedures.
9.3.12.ED.4	Evaluate and manage risks to safety, health and the environment in education and training settings.

9.3.12.ED.10	Apply organizational skills and logic to enhance professional education and training practice.
9.3.12.ED-ADM.2	Identify behaviors necessary for developing and sustaining a positive learning culture.
CAEP.9.2.12.C.7	Examine the professional, legal, and ethical responsibilities for both employers and employees in the global workplace.

## Exit Skills

---

Student will be able to:

- thread a needle.
- tie a rolled knot.
- describe the function and demonstrate the basting stitch.
- describe the function and demonstrate the running stitch.
- describe the function and demonstrate the overcast stitch.
- describe the function and demonstrate the backstitch.
- describe the function and demonstrate the blind stitch.
- read and follow a set of instructions to construct a hand stitched project.
- attach a button.
- implement hand sewing stitches to construct a project.
- implement hand stitching knowledge and skills to repair and make alterations on clothing.
- use time efficiently and effectively to complete an assigned project within a limited amount of time.

## Enduring Understanding

---

- Sewing tools have a specific function in sewing construction.
- Hand stitches have a specific function in creating a fabric project.
- Hand stitches are performed in a uniform repetitive pattern that requires practice to develop the skill.
- Rolled and backstitch knots secure thread in fabric for hand sewing.
- Buttons must be attached securely.
- Hand stitches can professional finish garments and projects adding individual creativity.

## Essential Questions

---

- Can the student explain, apply and demonstrate safety procedures to prevent accidents in the lab?
- Can the student identify hand sewing tools?
- Does the student understand different hand stitches and their functions?

- Can the student identify and select sewing notions?
- Does the student understand and follow sewing symbols?
- Can the student perform alteration task?
- Can the student demonstrate how to make a rolled knot?
- Can the student demonstrate a basting stitch?
- Can the student demonstrate a running stitch?
- Can the student demonstrate an overcast stitch?
- Can the student demonstrate a back stitch?
- Can the student demonstrate a blind stitch?
- Can the student demonstrate a blanket stitch?
- Can the student securely attach a button?

## Learning Objectives

---

Students will demonstrate ability to :

- explain, apply and demonstrate safety procedures to prevent accidents in the lab.
- identify, select and utilize hand sewing tools based on function.
- identify, select and utilize hand sewing notions based on function.
- identify, select and demonstrate hand stitches based on function and individual creativity.
- perform and utilize hand stitches to alter fabric construction/garments.
- securely attach a button.
- read and follow a set of instructions to construct a hand stitched project.
- use time efficiently and effectively to complete an assigned project within a limited amount of time

## Interdisciplinary Connections

---

Please list all and any cross-curricular content standards that link to this Unit.

TECH.8.1.12	Educational Technology: All students will use digital tools to access, manage, evaluate, and synthesize information in order to solve problems individually and collaborate and to create and communicate knowledge.
TECH.8.1.12.A.CS1	Understand and use technology systems.
TECH.8.1.12.E	Research and Information Fluency: Students apply digital tools to gather, evaluate, and use information.
TECH.8.1.12.F	Critical thinking, problem solving, and decision making: Students use critical thinking skills to plan and conduct research, manage projects, solve problems, and make informed decisions using appropriate digital tools and resources.

## Alignment to 21st Century Skills & Technology

---

- Communication Skills – English, Reading, Writing

- Mathematics
- Economics
- Science
- Social Skills/Interpersonal Skills

## **21st Century/Interdisciplinary Themes**

---

- ICT (Information, Communications and Technology) Literacy
  - Interpersonal Communication
  - Problem-Solving
  - Financial, Economic, Business and Entrepreneurial Literacy
  - Health Literacy
- 
- Civic Literacy
  - Environmental Literacy
  - Financial, Economic, Business and Entrepreneurial Literacy
  - Global Awareness
  - Health Literacy

## **21st Century Skills**

---

Students will be able to use their learning to ...

- Use effective oral and written communication strategies for creating, expressing, and interpreting information and ideas.
  - Use critical and creative thinking strategies to facilitate innovation and problem-solving both independently and in teams.
  - Use technology is used to access, manage, integrate, and disseminate information.
  - Use effective leadership and teamwork strategies to foster collaboration and cooperation to accomplish goals.
  - Develop life skills in order to achieve continuing success in various life roles related to continuing education, career development, and personal growth.
- 
- Develop employable skills to build the capacity for successful careers.
- 
- Communication and Collaboration
  - Creativity and Innovation
  - Critical thinking and Problem Solving
  - ICT (Information, Communications and Technology) Literacy
  - Information Literacy

- Life and Career Skills
- Media Literacy

## **Technology Infusion**

---

- Interactive SmartBoard Technology
- Technology Internet Research and Word Processing
- Video Demonstration
- Calculations
- Online Design Applications
- Sewing Machines

## **Differentiation**

---

- Small group assignments
- Added time to complete assignments
- Pairing oral instructions with visuals
- Repeat directions as needed
- Reinforcing on-task behaviors and skill acquisition
- Reduce amount of assignments that are due
- Rephrase written directions
- Study guides provided
- Additional time for skill mastery
- Test read to student
- Visual presentation
- Computer or electronic device utilizes
- Techniques of repetition, review, and summarization
- Small group setting
- Paired given oral as well as written instructions
- Peer assistance provided
- Printed copy of board work/notes provided
- Study guides/questions provided
- Extra time for completion
- Use of study sheets, notes, open book

## Special Education

---

- Study Guides/Board Notes
- Additional Time for Skill Mastery
- Assistive Technology
- Computer or Electronic Device Utilizes
- Multi-sensory Instruction
- Preferential Seating
- Student Working with an Assigned Partner
- Small Group Instruction
- Check Work Frequently for Understanding
- Extended Time on Tests/Quizzes

- printed copy of board work/notes provided
- additional time for skill mastery
- assistive technology
- behavior management plan
- Center-Based Instruction
- check work frequently for understanding
- computer or electronic device utilizes
- extended time on tests/ quizzes
- have student repeat directions to check for understanding
- highlighted text visual presentation
- modified assignment format
- modified test content
- modified test format
- modified test length
- multi-sensory presentation
- multiple test sessions
- preferential seating
- preview of content, concepts, and vocabulary
- reduced/shortened reading assignments
- Reduced/shortened written assignments
- secure attention before giving instruction/directions
- shortened assignments
- student working with an assigned partner
- teacher initiated weekly assignment sheet
- Use open book, study guides, test prototypes

- Teach Key Concepts
- Visual Teaching Aids: Videos, Illustrations, Pictures and Drawings
- Use of note cards, study guides and open book during testing
- Small Group Instruction
- Student Working with and Assigned Partner
- Preview of Content, Concepts, and Vocabulary
- Check Work Frequency for Understanding
- Peer Tutoring

- teaching key aspects of a topic. Eliminate nonessential information
- using videos, illustrations, pictures, and drawings to explain or clarify
- allowing products (projects, timelines, demonstrations, models, drawings, dioramas, poster boards, charts, graphs, slide shows, videos, etc.) to demonstrate student's learning;
- allowing students to correct errors (looking for understanding)
- allowing the use of note cards or open-book during testing
- decreasing the amount of work presented or required
- having peers take notes or providing a copy of the teacher's notes
- modifying tests to reflect selected objectives
- providing study guides
- reducing or omitting lengthy outside reading assignments
- reducing the number of answer choices on a multiple choice test
- tutoring by peers
- using computer word processing spell check and grammar check features
- using true/false, matching, or fill in the blank tests in lieu of essay tests

## **Intervention Strategies**

---

- Small Group Instruction
- Student Working with and Assigned Partner
- Preview of Content, Concepts, and Vocabulary
- Check Work Frequency for Understanding
- Study Guides
- Assistive Technology
- Computer or Electronic Devices
- Extended Time on Tests/Quizzes
- Preferential Seating
- Peer Tutoring

- allowing students to correct errors (looking for understanding)
- teaching key aspects of a topic. Eliminate nonessential information
- allowing products (projects, timelines, demonstrations, models, drawings, dioramas, poster boards, charts, graphs, slide shows, videos, etc.) to demonstrate student's learning



- allowing students to select from given choices
- allowing the use of note cards or open-book during testing
- collaborating (general education teacher and specialist) to modify vocabulary, omit or modify items to reflect objectives for the student, eliminate sections of the test, and determine how the grade will be determined prior to giving the test.
- decreasing the amount of work presented or required
- having peers take notes or providing a copy of the teacher's notes
- marking students' correct and acceptable work, not the mistakes
- modifying tests to reflect selected objectives
- providing study guides
- reducing or omitting lengthy outside reading assignments
- reducing the number of answer choices on a multiple choice test
- tutoring by peers
- using authentic assessments with real-life problem-solving
- using true/false, matching, or fill in the blank tests in lieu of essay tests
- using videos, illustrations, pictures, and drawings to explain or clarify

## **Evidence of Student Learning-CFU's**

---

### Formative:

- Study Guide
- Fashion Learning Logs
- Group/Lab Participation
- Interactive Notebook
- Observations
- Accomplishing Daily Objectives
- Exit Questions
- Mental Checklists

### Summative:

- Quizzes
- Tests
- Projects
- Presentations
- Exams
- Admit Tickets
- Anticipation Guide
- Common benchmarks
- Compare & Contrast
- Create a Multimedia Poster

- Define
- Describe
- Evaluate
- Evaluation rubrics
- Exit Tickets
- Explaining
- Fist- to-Five or Thumb-Ometer
- Illustration
- Journals
- KWL Chart
- Newspaper Headline
- Outline
- Question Stems
- Quickwrite
- Quizzes
- Red Light, Green Light
- Self- assessments
- Socratic Seminar
- Study Guide
- Teacher Observation Checklist
- Think, Pair, Share
- Think, Write, Pair, Share
- Top 10 List
- Unit tests

## **Primary Resources**

---

- Textbook –*Simplicity’s Simply the Best Sewing Book*
- Textbook – *Clothing Concepts and Construction*
- Power Point Presentations
- Business Area Guest Speakers
- Internet/online resources

## **Ancillary Resources**

---

- Demonstrations
- Sewing Tools and Equipment Presentations/Discussions

- Commercial Fashion Production
- Video – Study Guide
- Worksheets/questions
- Filling out fashion learning logs

## **Sample Lesson**

---

Unit Name: Basic Hand Stitches

NJSLS: see link below

Interdisciplinary Connection: Note writing/Learning Logs

Statement of Objective:

SWDAT explain, apply and demonstrate safety procedures to prevent accidents in the lab.

SWDAT identify, select and utilize hand sewing tools based on function.

SWDAT identify, select and utilize hand sewing notions based on function.

SWDAT identify, select and demonstrate hand stitches based on function and individual creativity.

SWDAT perform and utilize hand stitches to alter fabric construction/garments.

SWDAT securely attach a button.

SWDAT read and follow a set of instructions to construct a hand stitched project.

SWDAT use time efficiently and effectively to complete an assigned project within a limited amount of time

Anticipatory Set/Do Now: Look at what you are wearing? Are there stitches you can see? Are there invisible stitches? Do you have any areas that need mending or a loose button?

Learning Activity: Hand stitching discussion

Developing skills

Tools

Threading the needle

Tying the knot

Start with temporary stitches

### Guided Practice

Student Assessment/CFU's: Observation, stitch sample, see above

Materials: fabric, thread, needle, samples, cutting tools

21st Century Themes and Skills: see link above

Differentiation: see link above

Integration of Technology: Power Point, video clips, SmartBoard

9.3.12.ED.1	Apply communication skills with students, parents and other groups to enhance learning and a commitment to learning.
9.3.12.ED.2	Demonstrate effective oral, written and multimedia communication in multiple formats and contexts.
9.3.12.ED.3	Use critical thinking to process educational communications, perspectives, policies and/or procedures.
9.3.12.ED.4	Evaluate and manage risks to safety, health and the environment in education and training settings.
9.3.12.ED.5	Demonstrate group collaboration skills to enhance professional education and training practice.
9.3.12.ED.10	Apply organizational skills and logic to enhance professional education and training practice.
CAEP.9.2.12.C.7	Examine the professional, legal, and ethical responsibilities for both employers and employees in the global workplace.