

Appendix of Glencoe *Health* Units 9-12*

Units	Chapters			
Unit 1	Understanding Health and Wellness	Taking Charge of Your Health		
Unit 2	Achieving Mental and Emotional Health	Managing Stress and Coping with Loss	Mental and Emotional Problems	
Unit 3	Skills for Healthy Relationships	Family Relationships	Peer Relationships	Resolving Conflicts and Preventing Violence
Unit 4	Nutrition for Health	Managing Weight and Eating Behaviors	Physical Activity and Fitness	
Unit 5	Personal Health Care	Skeletal, Muscular, and Nervous Systems	Cardiovascular, Respiratory, and Digestive Systems	Endocrine and Reproductive Health
Unit 6	The Beginning of the Life Cycle	The Life Cycle Continues		
Unit 7	Medicines and Drugs	Tobacco	Alcohol	Illegal Drugs
Unit 8	Communicable Diseases	Sexually Transmitted Diseases and HIV/AIDS	Noncommunicable Diseases and Disabilities	
Unit 9	Safety and Injury Prevention	First Aid and Emergencies	Community and Environmental Health	
Unit 10 Optional I	Sexuality and You	Relationships and Choosing Abstinence	The Reproductive System	Marriage and Parenthood
Unit 11 Optional II	Pregnancy and Childbirth	Issues of Sexuality	Sexually Transmitted Diseases	HIV and AIDS

*Grade 10 is Driver's Education