

Unit Pacing Guide: Physical Education Gr 10

Content Area: **PE/Health**
Course(s): **PE 10**
Time Period:
Length: **135 Days**
Status: **Published**

Unit Pacing Guides



Belleville Public Schools Unit Pacing Guide

Content Area: Physical Education

Course(s): Grade 10 P.E.

Time Period: 135 Days

Division of Units / Topics:

Unit 1 Invasion Games	27 Days (≈2 Weeks Per Sport/Activity)
Unit 2	27 Days

Striking Games	(≈2 Weeks Per Sport/Activity)
Unit 3 Net Games	27 Days (≈2 Weeks Per Sport/Activity)
Unit 4 Target Games	27 Days (≈2 Weeks Per Sport/Activity)
Unit 5 Fitness	27 Days (≈2 Weeks Per Activity)