

When I am being ignored, no one talks to me
and no one looks at me.

- This is me all alone and ignored.

Why do people ignore me?

- I am ignored when I say mean and hurtful things.
- I am ignored if I refuse to do what I am told.

- I DO NOT LIKE BEING IGNORED!

What is attention !

- Attention is when I get lots of hugs and kisses
- Attention is when I get lots of smiles and high fives
- Attention is when people talk to me and play with me.
- Attention makes me feel happy and loved.

I love attention !

- I get attention when I am following the rules.
- I get attention when I use kind words and say nice things.
- I get attention when I do what I am told.
- This is me getting attention.

I choose attention !

I choose to follow the rules. I choose to say nice things.

I choose to do what I am told.

Good boys get attention. I am a good boy so I
get lots of attention !

I always get it back !

I love to play with my toys and use the i-
phone. This is me playing.

First I work, Then I play.

- This is me working and then playing.

My teacher sets the timer, that means it is time to work. I earn tokens during work which helps me earn play.

Then I play. I set the timer during play.

When the timer goes off, I give it back to my teacher. It is okay. I know I always get it back.

It is easy to earn back. I just do my work and before I know it is play time again.

I do a great job working and earning. First I work then I earn. Then back to work and yay back to earning.

I love to play with my toys and use the i-
phone. This is me playing.

I always get it back !

My teacher sets the timer, that means it is time to work. I earn tokens during work which helps me earn play.

- This is me working and then playing.

First I work, Then I play.

Then I play. I set the timer during play.

When the timer goes off, I give it back to my teacher. It is okay. I know I always get it back.

It is easy to earn back. I just do my work and before I know it is play time again.

I do a great job working and earning. First I work then I earn. Then back to work and yay back to earning.

I love to play with my toys and use the i-
phone. This is me playing.

I always get it back !

Everything Changes

Everything changes.

Sometimes the trees have leaves.

Sometimes the trees have no leaves.

That is ok. I am okay.

Sometimes my picture looks the same as my
friends.
Sometimes it looks different.

Sometimes I drive on a very busy road.
Sometimes I drive on a very empty road.
That is ok. I am okay.

Sometimes my legos stay built and perfect
Sometimes pieces fall off and it changes
That is okay

Sometimes things stay the same.
Sometimes things are different.

That is okay.

And I am okay.

Sometimes a person plays like I play.
Sometimes a person plays differently than me.

That is okay

• I am okay too !

Everything Changes

Everything changes.

Sometimes the trees have leaves.

Sometimes the trees have no leaves.

That is ok. I am okay.

Sometimes I drive on a very busy road.

Sometimes I drive on a very empty road.

That is ok. I am okay.

Sometimes my picture looks the same as my friend's.

Sometimes it looks different.

That is okay. I am okay.

Sometimes my legoes stay built and perfect
Sometimes pieces fall off and it changes
That is okay

Sometimes a person plays like I play.
Sometimes a person plays differently than me.
That is okay

- I am okay too !

Sometimes things stay the same.
Sometimes things are different.
That is okay.
And I am okay.

Sometimes Mommy says NO for safety reasons. Sometimes Mommy says NO because there are rules that I need to learn to follow.

NO STREET! I can get hit by a car. Mommy loves me and she wouldn't want that to happen to me.

picture drawn by illustrator

NO CLIMBING! I can fall and get hurt. Mommy loves me and she wouldn't want that to happen to me.

picture drawn by illustrator

NO FOOLING AROUND with food in your mouth! I can choke and vomit. Mommy loves me and she wouldn't want that to happen to me.

picture drawn by illustrator

NO HITTING or PUSHING other children! I would have no friends to play with. Mommy loves me and she wouldn't want that to happen to me.

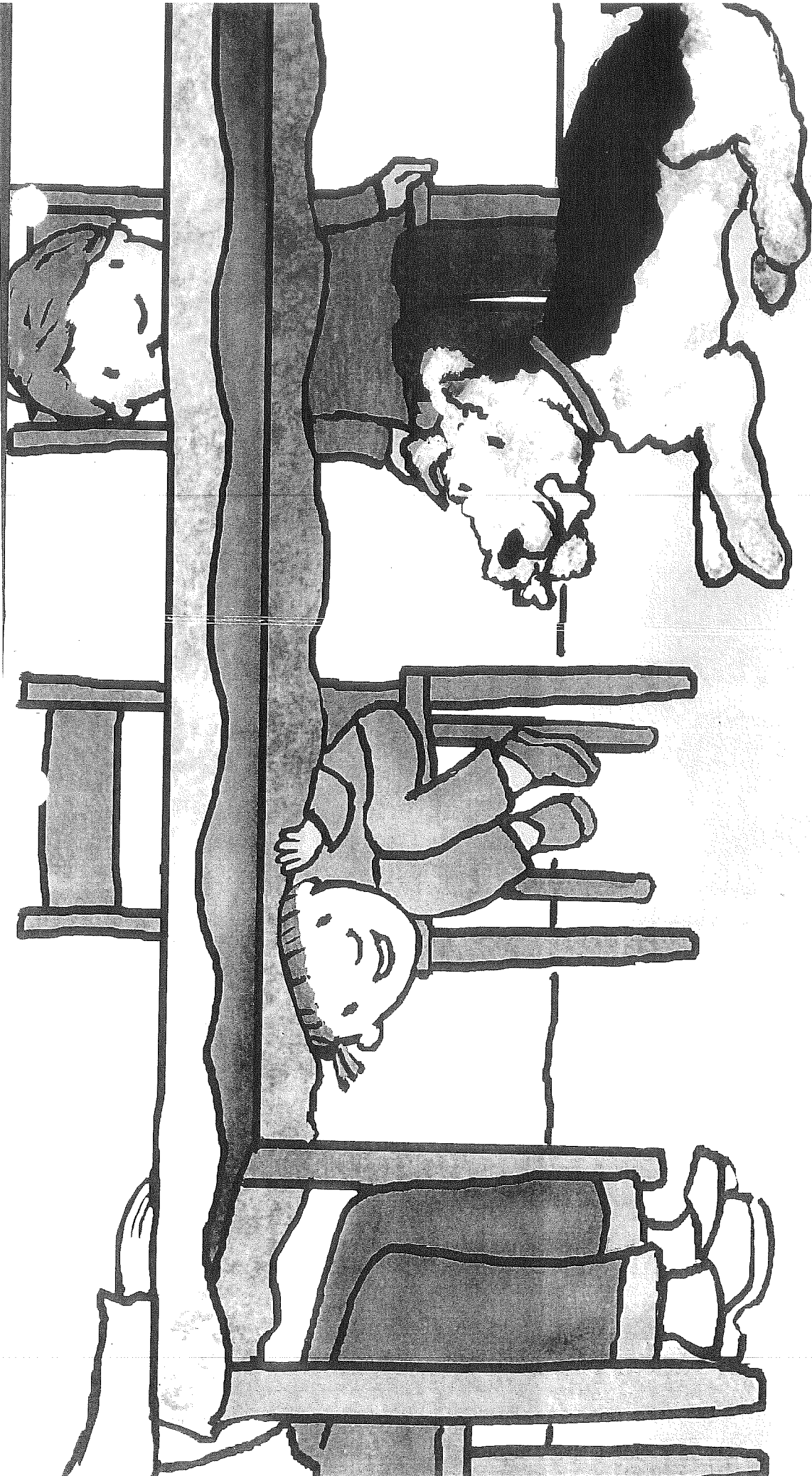
picture drawn by illustrator

Teeth Are Not for Biting



By Elizabeth Verdick
Illustrated by Marijka Heinlen

free spirit publishing



Crunch! Crunch! Crunch!

Teeth can help you

Let's do this instead:

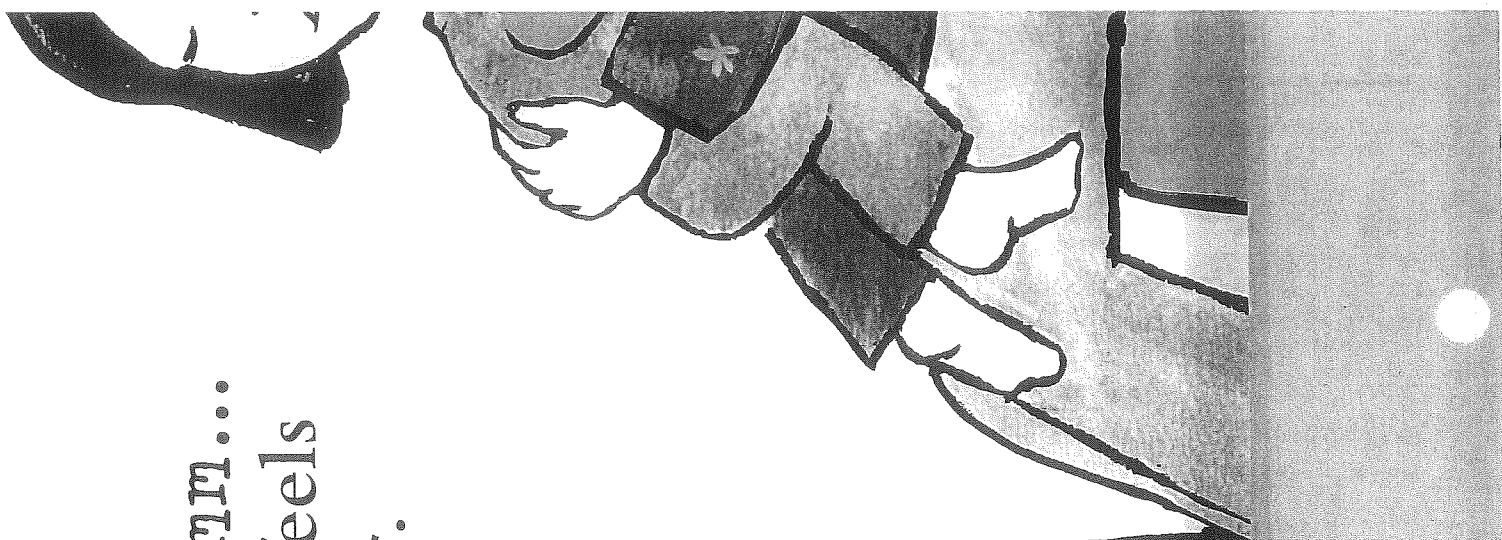
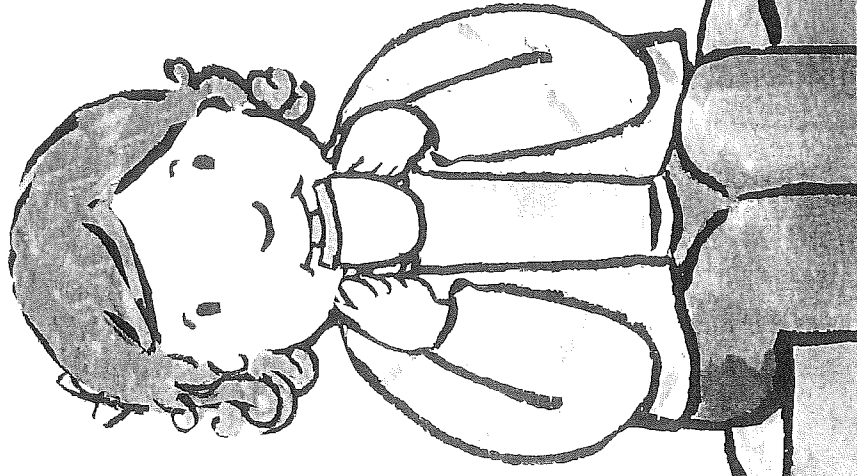
Chew a chewy toy.

Drink a cold drink.

Take a little rest.

Get a hug!

Mmmm...
that feels
better.

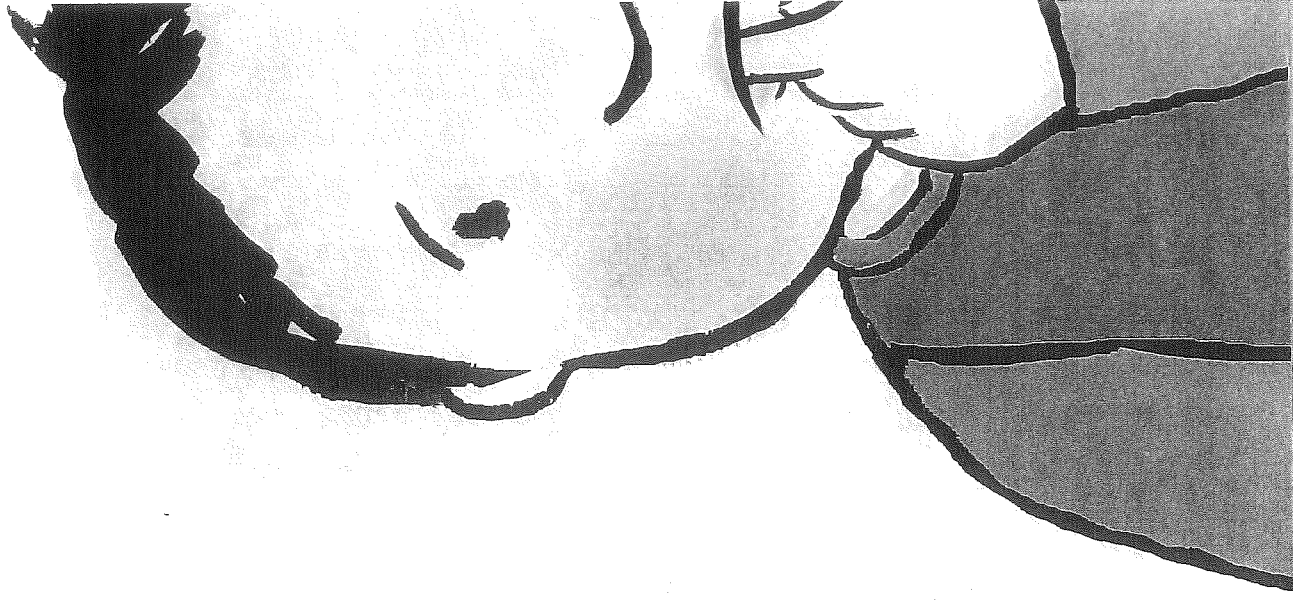


When new teeth come in,
your mouth may be sore.

When new teeth come in,
you may want to bite.

But teeth are not for biting.

Ouch! Biting hurts.



How many teeth
do you have?

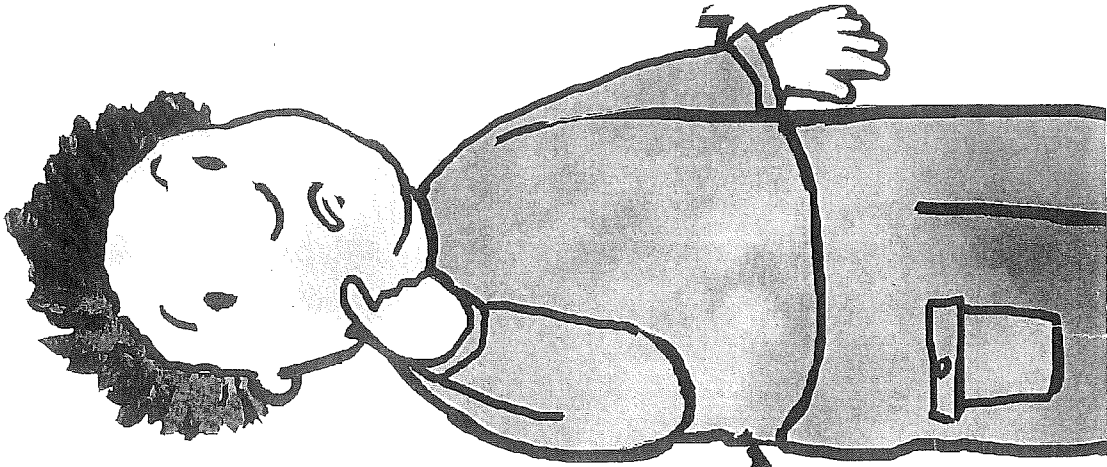
You can count
them now.

Someday you
will have 20.

Wow, that's a lot!



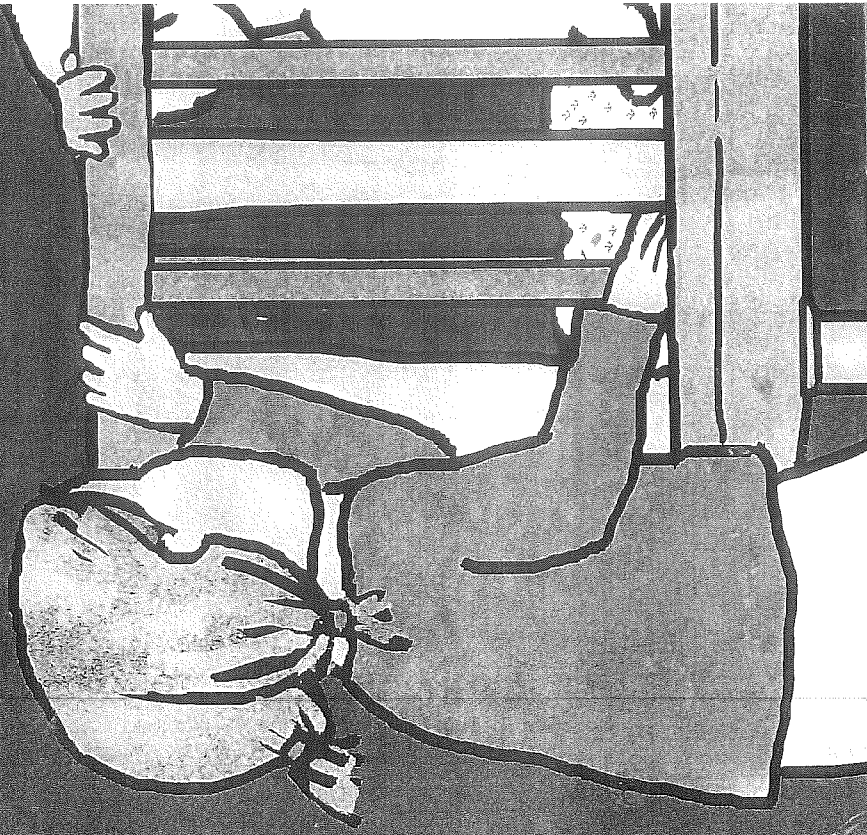
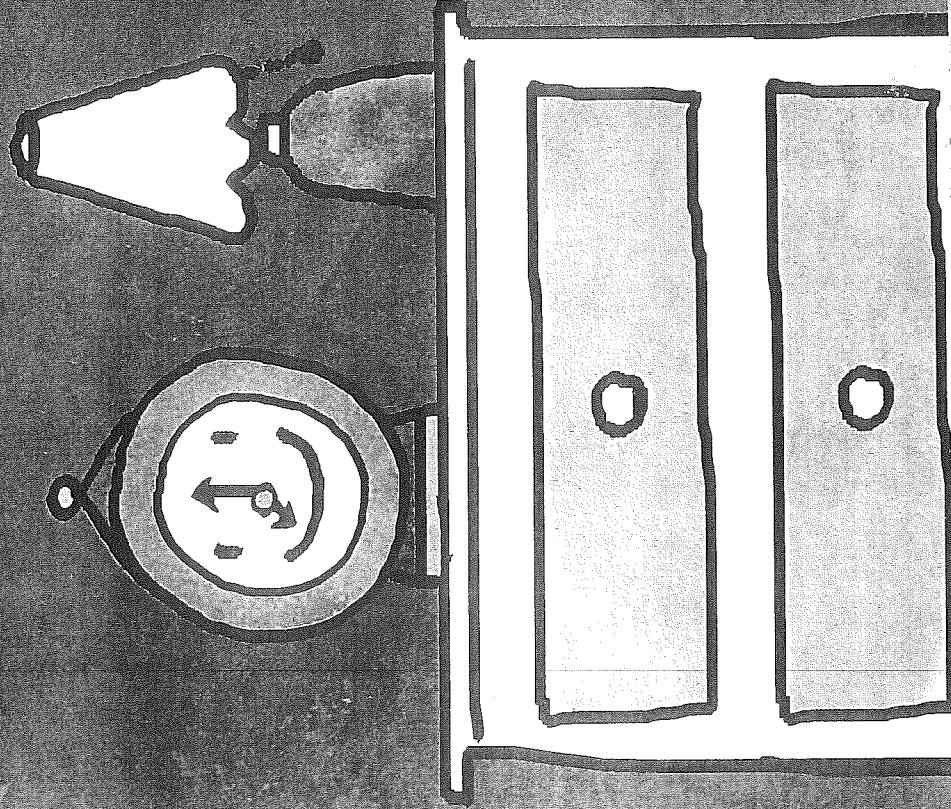
But teeth are not for biting.



Ouch! Biting!



When you feel mad or sad or
cranky, you may want to bite.



Let's do this instead:

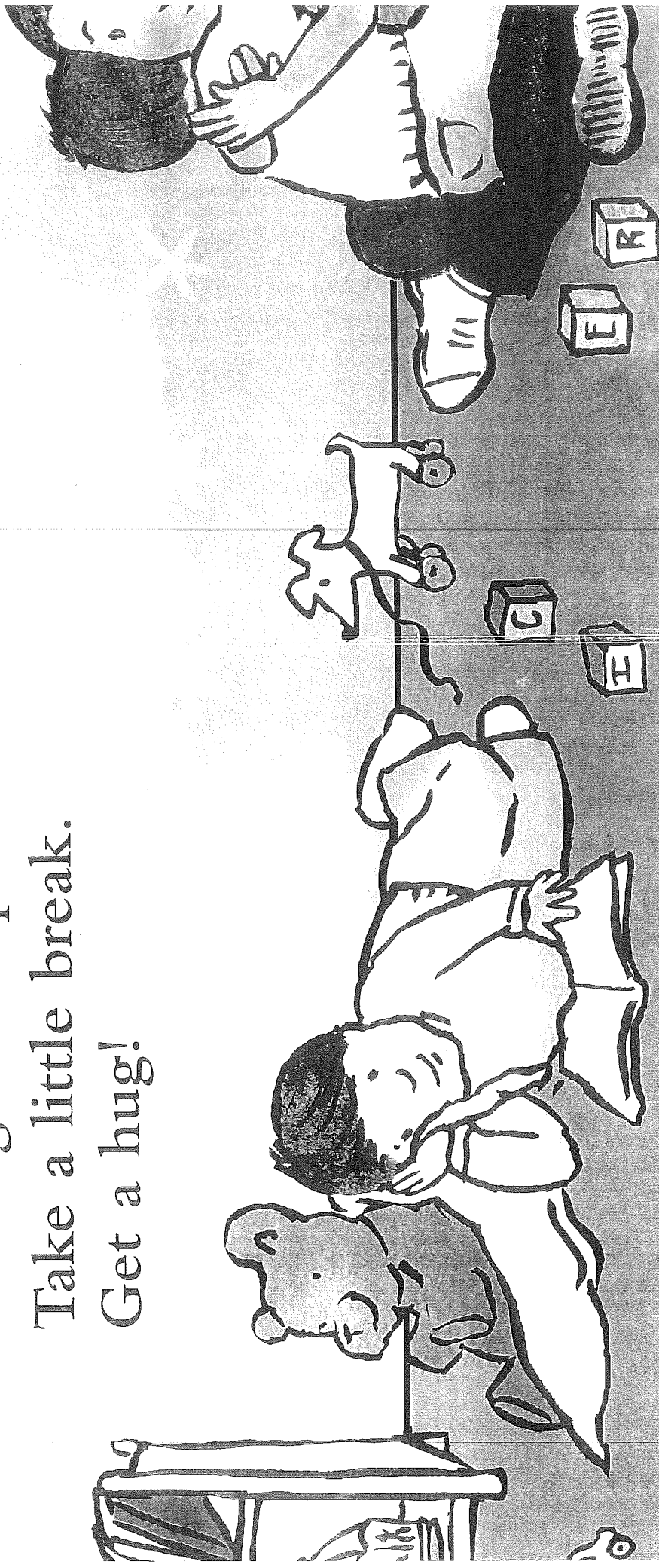
Use your words.

Tell a grown-up.

Take a little break.

Get a hug!

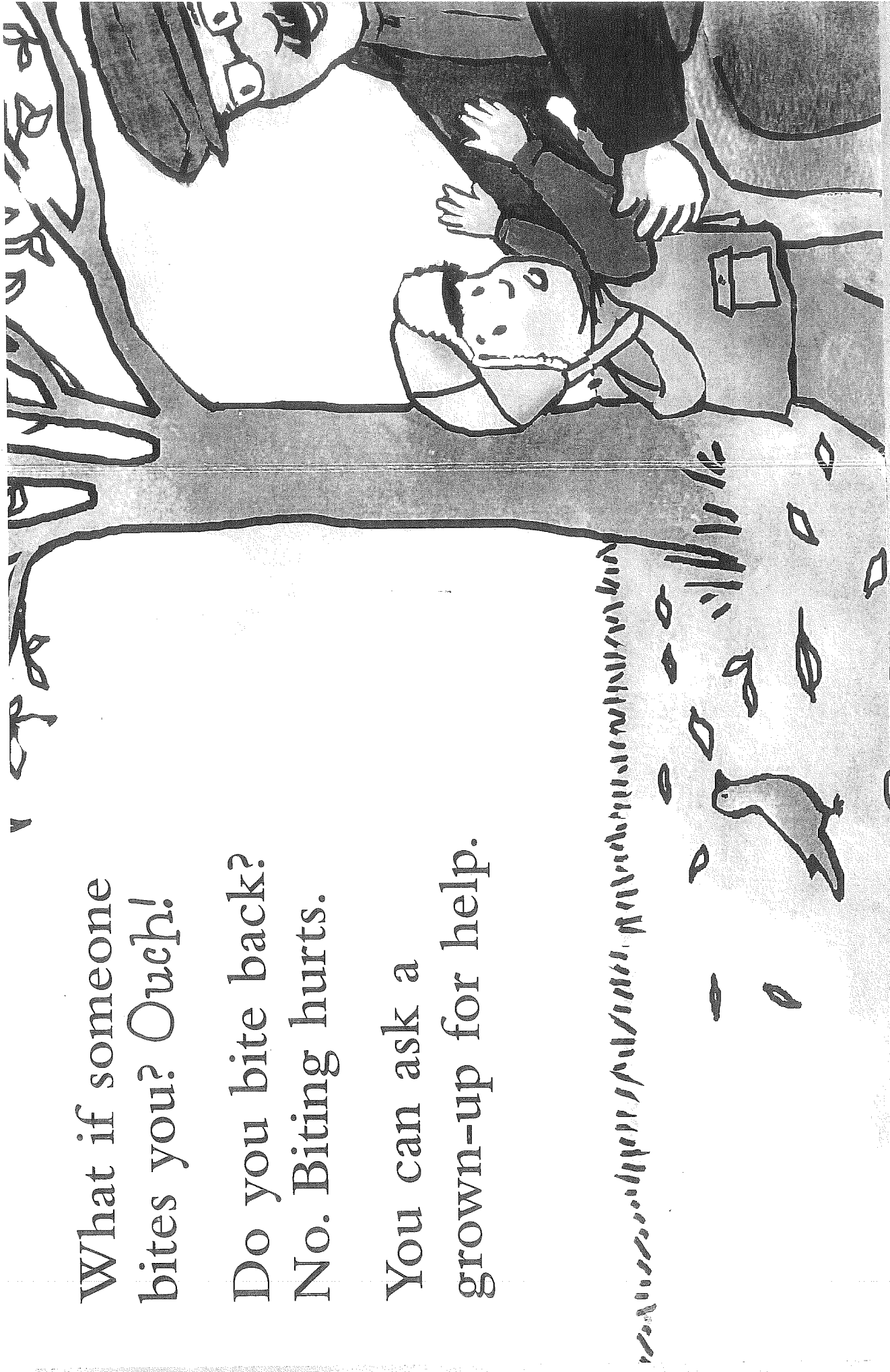
Mmmm...
that feels better.



What if someone
bites you? Ouch!

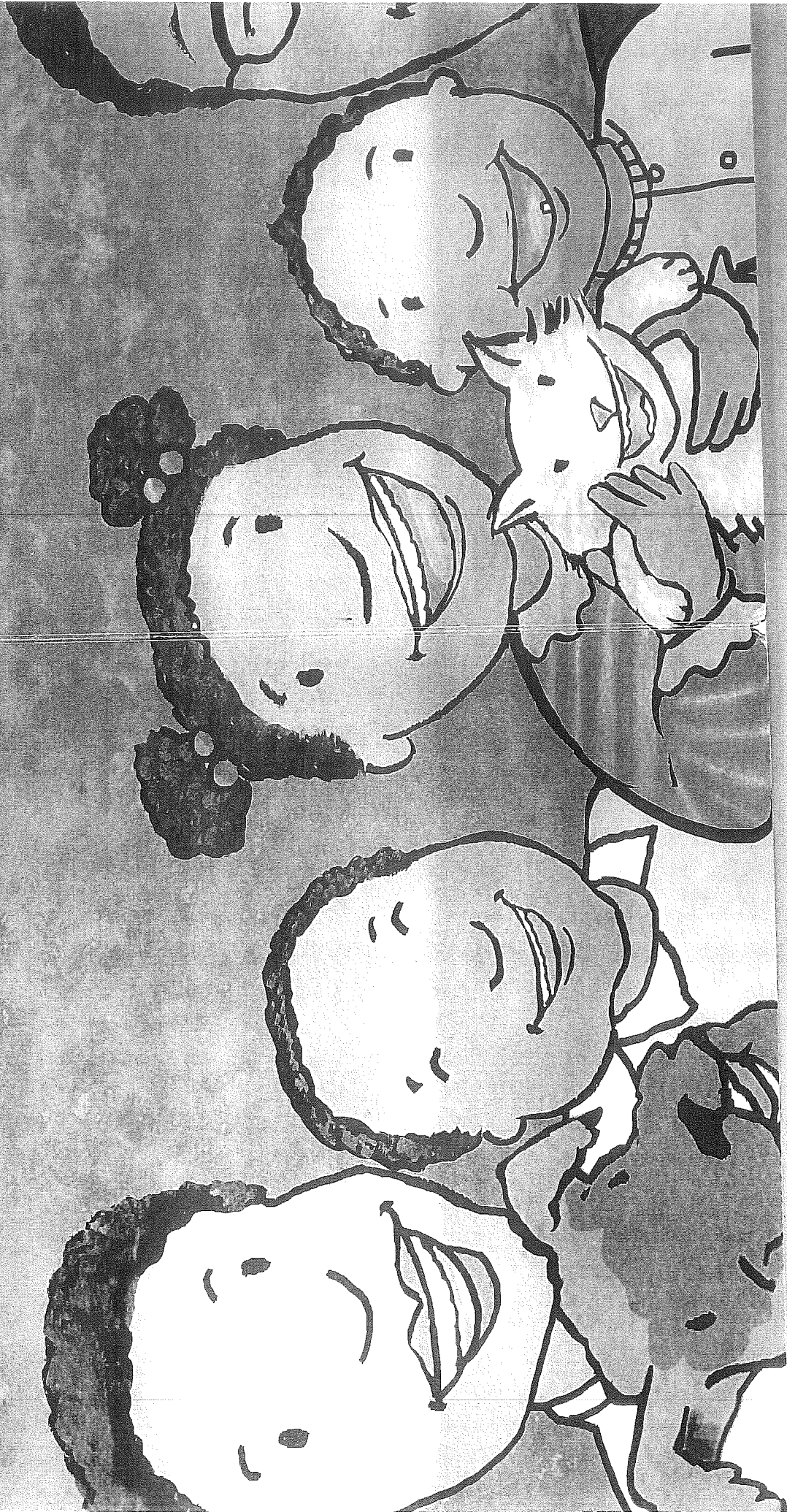
Do you bite back?
No. Biting hurts.

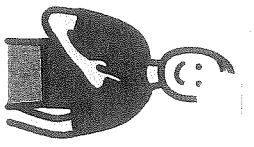
You can ask a
grown-up for help.



Teeth are not for biting.

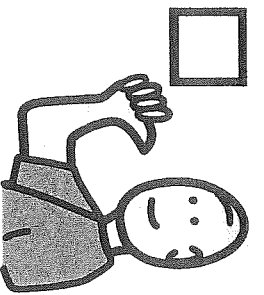
Teeth are for SMI
Say cheese!





I

use

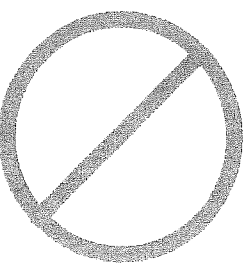
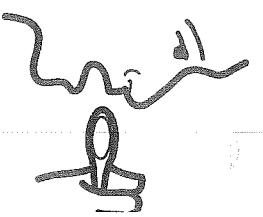
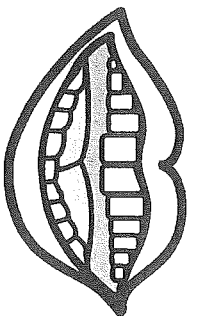


my

mouth

for

eating

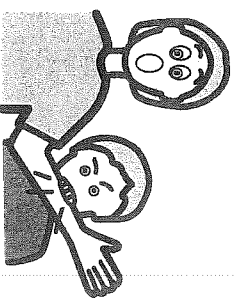


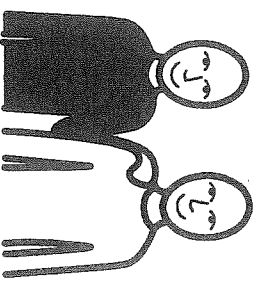
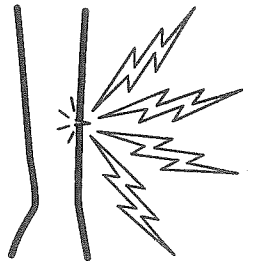
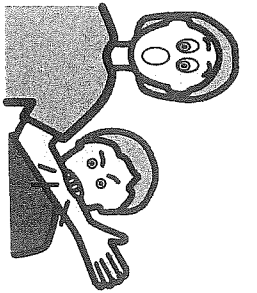
But

not

for

biting



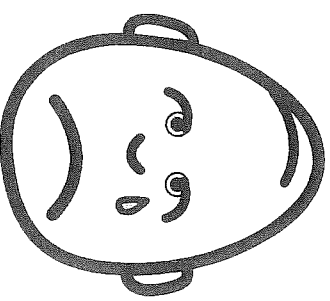
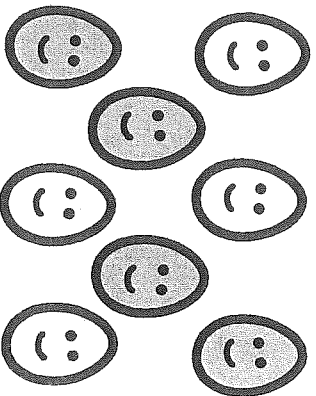


'Cause

biting

hurts

friends



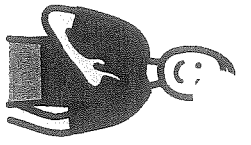
And

it

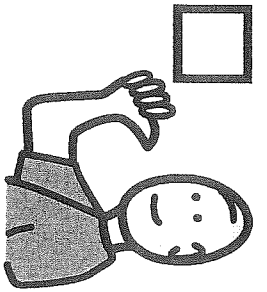
makes

people

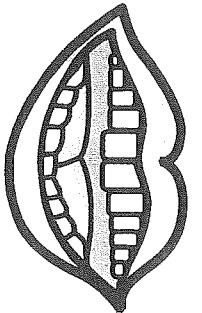
sad.



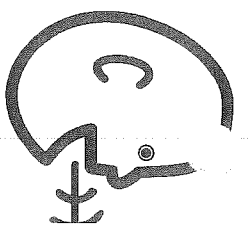
I use



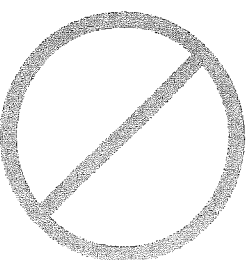
my



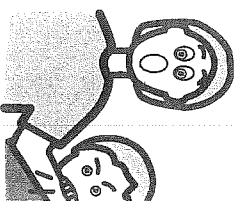
mouth for



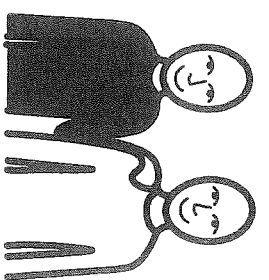
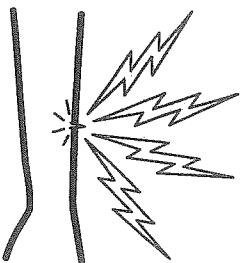
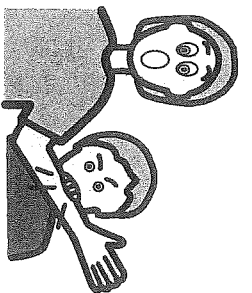
talking



But not for



biting

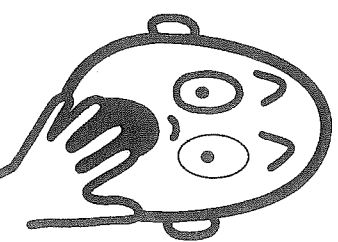
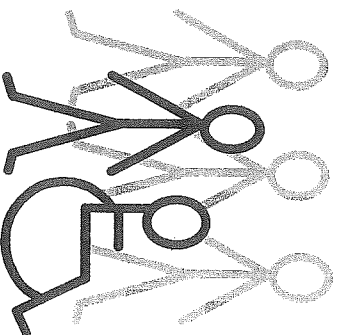


'Cause

biting

hurts

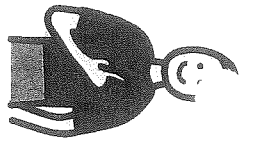
friends



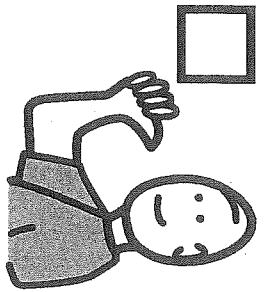
And it makes

people

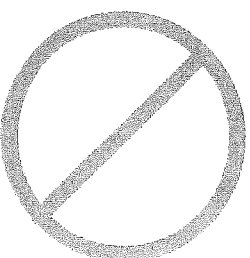
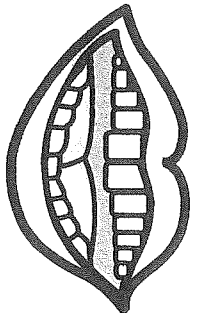
scared



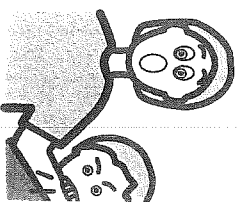
I use

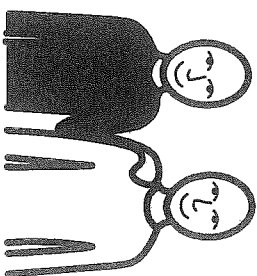
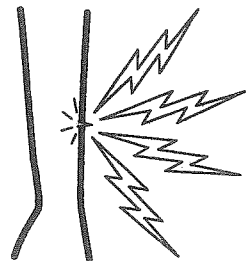
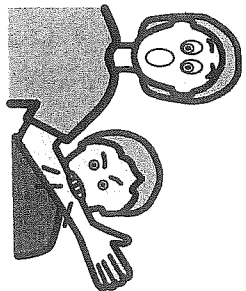


my mouth for singing



But not for biting



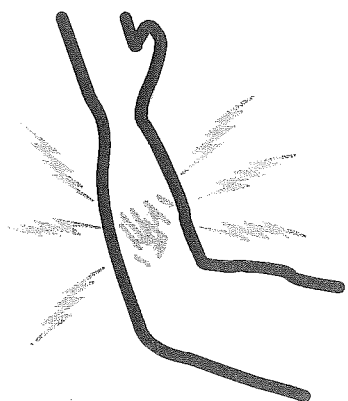
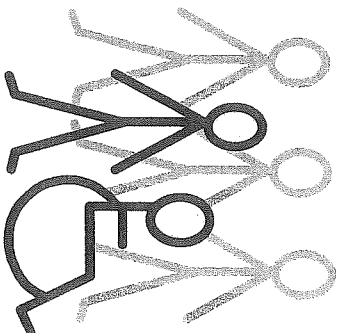


'Cause

biting

hurts

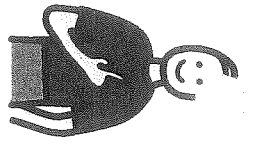
friends



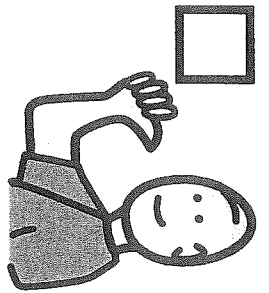
And it makes

people

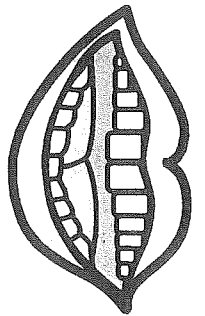
sore!



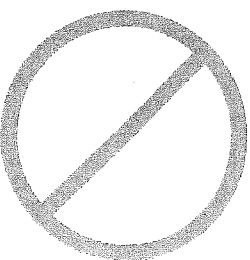
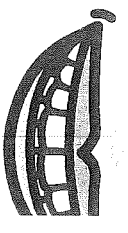
I use



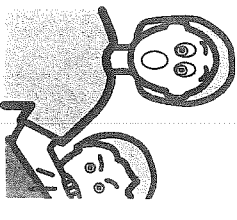
my

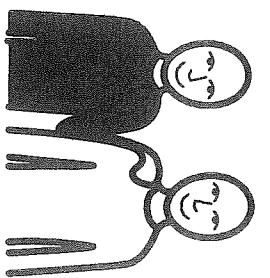
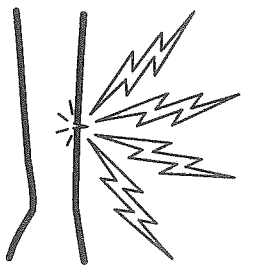
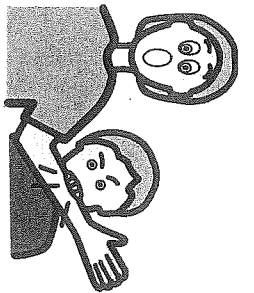


mouth for smili



But not for bitin



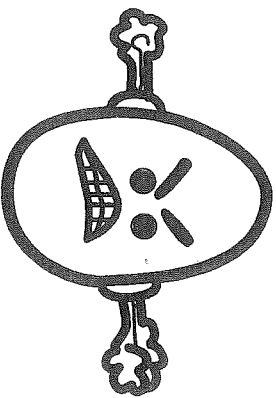
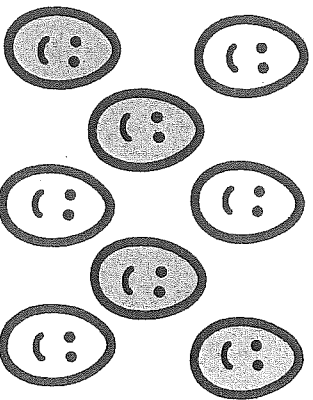


'Cause

biting

hurts

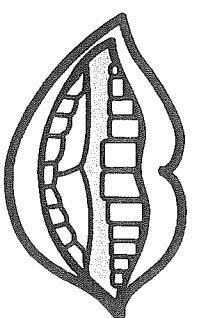
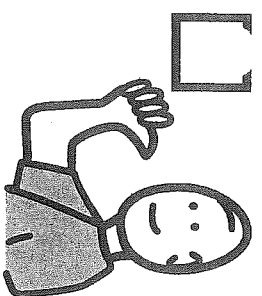
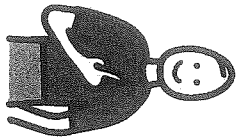
friends



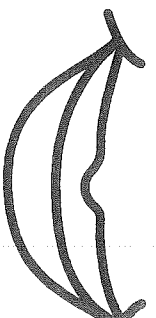
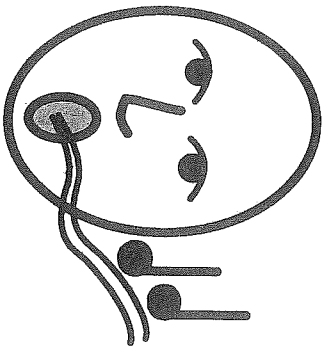
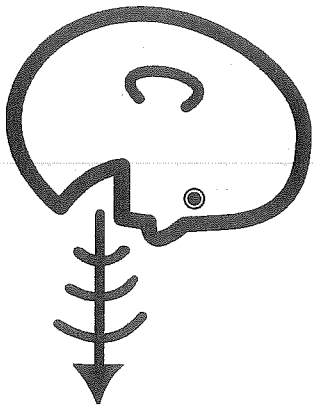
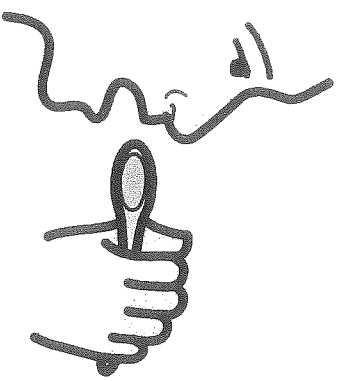
And it makes

people

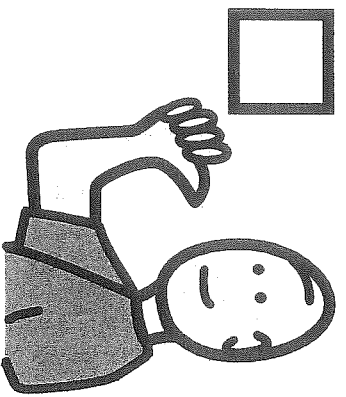
angry!



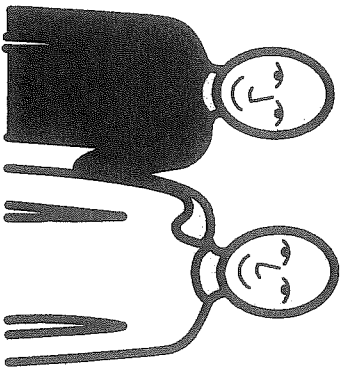
If I use my mouth for



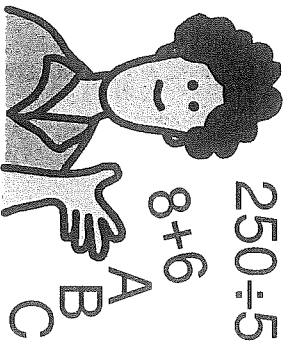
eating, talking, singing and smiling...



My

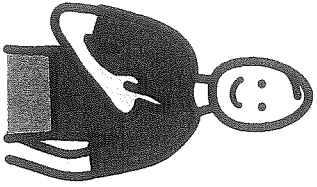


friends,

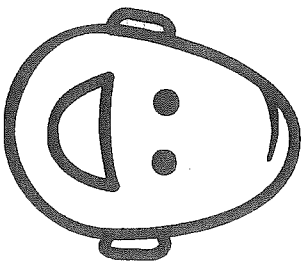


teacher

and



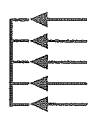
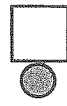
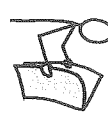
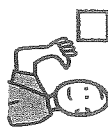
I



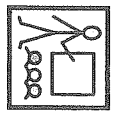
will be happy!



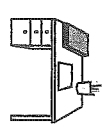
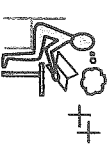
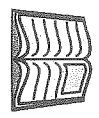
A Social :



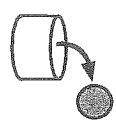
"My Mouth" should be read after every



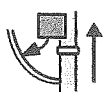
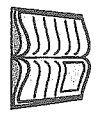
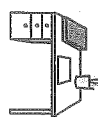
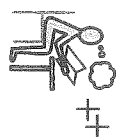
instance of spitting occurring in the classroom.



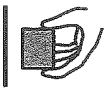
The story should be read at the students desk.



If appropriate remove any distractions from the



students desk. The Social Story should be kept



in an easily accessible place.

The One Inch Daily form is great for creating social stories. It is easy to pair pictures with text descriptions.

This is an example of a story to help a child understand why biting others is wrong. Use Social Stories to target a specific behavior you wish to change, with a specific behavior you wish to replace it with. The child can earn a sticker in the right hand boxes for completion of each segment, if this suits the situation and child.




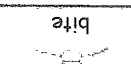
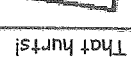


- From **File** on the menu, select **New Form > One Inch Daily**.
- Type a title in the title window box.
- To select a picture, pick a category in **Category Search** and scroll down the search panel to the desired image. To add a picture either double click on it, OR single click, view picture at the bottom of the Search Panel and select **Add Image**.

- Change the picture names to customize them for your story. For instance, to change "play with friends" to "this is fun!" in this example, select the "play with friends" picture (red outlined). Mouse click on the image and select **Change Image Name**. Type "this is fun!" in the box, and click **OK**. Repeat for any names you wish to change.

- To type in text, click the center box where you want text to appear. A gray border indicates a box is selected for text input.
- Input text by right mouse clicking and selecting **Text > Edit Text**. Enter text in this window and click **OK**.
- To further customize any text, select a text box, right mouse click, select **Text**, then choose size (to change letter size), position (left, center or right), or style

Social Story: No Biting

Not Right to Bite!

I like to play with friends.		this is fun!
Sometimes when I play with friends, I want them to play my way.		play my way
Sometimes when my friends won't play my way I get upset.		I feel upset
When I get upset I bite children.		bite
When I bite children it hurts them.		That hurts!
When I am upset, instead of biting, I will listen to music to help me feel better <i>put something in my mouth</i>		music
When I play with my friends, I will not bite!		no biting