

K-2 Unit # 5: Cooperative Games (K-2)

Content Area: **Phys. Ed.**
Course(s): **Generic Course**
Time Period: **Generic Time Period**
Length: **30**
Status: **Published**

Established Goals/Standards

Please choose the appropriate Goals/Standards from the Standards tab above.

HE.K-2.	Health-enhancing behaviors contribute to wellness.
HE.K-2.	Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.
HE.K-2.	Understanding of fundamental concepts related to effective execution of actions provides the foundation for participation in games, sports, dance, and recreational activities.
HE.K-2.	Teamwork consists of effective communication and other interactions between team members.
HE.K-2.	Character traits are often evident in behaviors exhibited by individuals when interacting with others.
HE.K-2.	Using personal safety strategies reduces the number of injuries to self and others.
HE.K-2.2.1.2.A.2	Use correct terminology to identify body parts, and explain how body parts work together to support wellness.
HE.K-2.2.2.2.A.1	Express needs, wants, and feelings in health- and safety-related situations.
HE.K-2.2.2.2.B.1	Explain what a decision is and why it is advantageous to think before acting.
HE.K-2.2.2.2.B.2	Relate decision-making by self and others to one's health.
HE.K-2.2.2.2.C.1	Explain the meaning of character and how it is reflected in the thoughts, feelings, and actions of oneself and others.
HE.K-2.2.5.2.A.1	Explain and perform movement skills with developmentally appropriate control in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HE.K-2.2.5.2.A.2	Demonstrate changes in time, force, and flow while moving in personal and general space at different levels, directions, ranges, and pathways.
HE.K-2.2.5.2.A.4	Correct movement errors in response to feedback.
HE.K-2.2.5.2.B.1	Differentiate when to use competitive and cooperative strategies in games, sports, and other movement activities.
HE.K-2.2.5.2.B.2	Explain the difference between offense and defense.
HE.K-2.2.5.2.B.3	Determine how attitude impacts physical performance.
HE.K-2.2.5.2.B.4	Demonstrate strategies that enable team members to achieve goals.
HE.K-2.2.5.2.C.1	Explain what it means to demonstrate good sportsmanship.
HE.K-2.2.5.2.C.2	Demonstrate basic activity and safety rules and explain how they contribute to moving in a safe environment.
HE.K-2.2.6.2.A.1	Explain the role of regular physical activity in relation to personal health.

Essential Questions

Please add your Essential Questions by clicking on the Lists tab above.

- Do you understand the difference between competitive and cooperative strategies
- Does a person's character reflect the way a person thinks, feels, and acts?
- How can I become more mentally prepared for competition and sports performance?
- How can all movement skills be applied in diverse settings and activities?
- How can you be a good sport?
- How can you use safe practices indoors and out to prevent injury to self and others?
- How does effective and appropriate movement affect wellness?
- To what extent does strategy influence performance in competitive games and activities?
- Why do I have to show good sportsmanship and follow the rules when others do not?
- Why do I have to understand concepts of movement when I can already perform the movement?

Enduring Understanding

Please add your Enduring Understandings by clicking on the Lists tab above.

- Effective communication may be a determining factor in the outcome of health and safety-related situations.
- Implementing effective offensive, defensive, and cooperative strategies is necessary for all players to be successful in game situations.
- In order for all participants and spectators to experience the maximum benefit from games and sports, everyone must demonstrate knowledge and commitment to sportsmanship, rules, and safety guidelines.
- Injuries can be prevented by practicing safe behaviors at home, in school, and in the community.
- Performing movement skills in a technically correct way improves overall performance and increases the likelihood of participation in lifelong physical activity.
- Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to the enjoyment of the event.
- Sport psychology techniques prepare athletes to compete at the optimum level.

Content

- Compare and contrast cooperative versus competitive strategies in games, sports, and movement activities.
- Demonstrate cooperative and competitive strategies in movement activities and modified games.
- Demonstrate good sportsmanship in games and other activities.
- Determine how basic safety, good sportsmanship, and attitudes impact physical performance in games and other recreational activities.
- Distinguish between an offensive player and a defensive player during game play.
- Explain and demonstrate how student attitudes affect cooperative strategies when trying to attain a common goal.

- Explain and demonstrate the roles of offensive and defensive players and the impact they have during play
- Explain What it means to display good sportsmanship
- Independently transition from offensive to defensive play effectively during games or recreational activities

Resources

Please add your Resources by clicking on the Lists tab above.

- PE Websites
- State DOE Website
- Teacher Guides and Activity Books