

Unit 6: Floor Hockey 5

Content Area: **Unified Arts**
Course(s): **Physical Education 5**
Time Period: **November**
Length: **7 classes**
Status: **Published**

Unit Summary

Hockey is a common sport for many children. It is important for students to use the basic skills of hockey in a game-like setting in case they would like to play in a recreational league or with friends. The games will help the students with spatial awareness, movement as a team, offensive strategies, and defensive strategies.

Standards

Student Learning Objectives

Students will learn to:

- perform proper passing techniques in isolated and game settings.
- perform proper stick control techniques in isolated and game settings.
- perform proper shooting techniques in isolated and game settings.
- demonstrate defensive/offensive strategies with a team in a game setting.

Essential Questions

How does following the rules improve the game?

Why are team sports important?

Enduring Understandings

The students will understand that floor hockey is a game that requires proper technical skills, movement, defensive/offensive strategies, and teamwork in order to play effectively.

Application

Students will be able to independently use their learning to participate in a round robin floor hockey tournament.

Skills

Students will be skilled at:

- using proper form when passing.
- demonstrating stick control proper form.
- using proper form when shooting.
- using offensive strategies.
- using defensive strategies.
- teamwork.
- communication.