

# Unit 9: Basketball 5

Content Area: **Unified Arts**  
Course(s): **Physical Education 5**  
Time Period: **May**  
Length: **5 Classes**  
Status: **Published**

## Unit Summary

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Basketball is a common sport for many children. It is important for students to practice basic skills of basketball in isolated settings and then in modified games in case they would like to play in a recreational league or with friends and family. The skill practice is more important for students at this age rather than games, which is why emphasis and time goes towards skill practice.

## Standards

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## Student Learning Objectives

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Students will learn to:

- perform proper dribbling technique in isolated skill activities.
- perform proper passing technique in isolated skill activities.
- perform proper layup technique in isolated skill activities.
- perform proper jump shot technique in isolated skill activities.

## Essential Questions

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How does following the rules improve the games?

Why are team sports important?

## Enduring Understandings

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The students will understand that basketball is a game that requires proper technical skills, movement, defensive/offensive strategies, and teamwork in order to play effectively.

## Application

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Students will be able to independently use their learning to play in isolated skill practice and a game like setting.

## Skills

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Students will be skilled at:

- using proper form when dribbling with their dominant hand.
- using proper form when dribbling with their non-dominant hand.
- using proper form when making a layup.
- using proper form when making a jump shot.
- using proper form when making a chest pass.
- using proper form when making a bounce pass.
- working as a team.
- communicating.