

Unit 1: Creating a Safe Environment 5

Content Area: **Unified Arts**
Course(s): **Physical Education 5**
Time Period: **September**
Length: **Ongoing**
Status: **Published**

Unit Summary

Creating a safe environment in a classroom/gymnasium is essential for student learning. It is important for students to learn procedures with routines and structure. Creating a safe environment helps solidify and establish character traits that they use throughout their lives.

Standards

Student Learning Objectives

Students will learn to:

- demonstrate the rules of the class.
- demonstrate the procedures of the class.
- identify safety considerations.
- explain why certain rules and procedures are in place.

Essential Questions

Why are rules essential for Physical Education?

Enduring Understandings

Students will understand that learning is reinforced through procedures and structure by following rules and showing good character traits.

Application

Students will be able to independently use their learning to safely participate in all aspects of Physical Education.

Skills

Students will be skilled at:

- following the rules of Common Physical Education Games.
- following the structure of the class.
- following procedures in the Gym.
- following Safety Procedures.