

Unit 9: Basketball 4

Content Area: **Unified Arts**
Course(s): **Physical Education 4**
Time Period: **May**
Length: **5 classes**
Status: **Published**

Unit Summary

Basketball is a common sport for many children. It is important for students to practice basic skills of basketball in isolated settings to eventually transfer these skills to basketball games when ready and would like to play in a recreational league or with friends and family. The skill practice is more important for students at this age rather than games, which is why emphasis and time goes towards skill practice.

Standards

HPE.2.5.4.A.1	Explain and perform essential elements of movement skills in both isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.4.A.2	Use body management skills and demonstrate control when moving in relation to others, objects, and boundaries in personal and general space.
HPE.2.5.4.A.4	Correct movement errors in response to feedback and explain how the change improves performance.
HPE.2.5.4.B.2	Acknowledge the contributions of team members and choose appropriate ways to motivate and celebrate accomplishments.
HPE.2.5.4.C.1	Summarize the characteristics of good sportsmanship and demonstrate appropriate behavior as both a player and an observer.
HPE.2.5.4.C.2	Apply specific rules and procedures during physical activity and explain how they contribute to a safe active environment.
CAEP.9.2.4.A.1	Identify reasons why people work, different types of work, and how work can help a person achieve personal and professional goals.
CAEP.9.2.4.A.4	Explain why knowledge and skills acquired in the elementary grades lay the foundation for future academic and career success.

Student Learning Objectives

Students will learn to:

- perform proper dribbling technique in isolated skill activities.
- perform proper passing technique in isolated skill activities.
- perform proper layup technique in isolated skill activities.
- perform proper jump shot technique in isolated skill activities.

Essential Questions

How does following the rules improve the games?

Why are team sports important?

Enduring Understandings

The students will understand that basketball is a game that requires proper technical skills, movement, and communication in order to play effectively.

Application

Students will be able to independently use their learning to increase their basic basketball skills.

Skills

Students will be skilled in:

- using proper form when dominant hand dribbling.
- using proper form when non dominant hand dribbling.
- using proper form when making a layup.
- using proper form when when making a jump shot.
- using proper form when when making a chest pass.
- using proper form when when making a bounce pass.
- working as a team.
- communicating.