

# Unit 1: Creating Safe Environment

Content Area: **Unified Arts**  
Course(s): **Physical Education 4**  
Time Period: **September**  
Length: **2 class intro, also ongoing**  
Status: **Published**

## Unit Summary

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Creating a safe environment in a classroom/gymnasium is essential for student learning. It is important for students to learn procedures with routines and structure. Creating a safe environment helps solidify and establish character traits that they use throughout their lives.

## Standards

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HE.3-5.2.2.5.LF.1	Explain the need to engage in physical activities on a voluntary basis for emotional and physical enjoyment.
HE.3-5.2.2.5.LF.2	Develop a movement vocabulary that is flexible and adaptable for personal physical activity and wellness.
HE.3-5.2.2.5.MSC.1	Demonstrate body management skills and control when moving in relation to others, objects, and boundaries in personal and general space (e.g., coordination, balance, flexibility, agility).
HE.3-5.2.2.5.MSC.6	Execute appropriate behaviors and etiquette while participating as a player and viewing as an observer during physical activity, games, and other events, contributes to a safe environment.
HE.3-5.2.2.5.MSC.7	Apply specific rules, strategies, and procedures for specific physical activity, games, and sports in a safe active environment.  Constructive feedback from others impacts improvement, effectiveness and participation in movement skills, concepts, sportsmanship, and safety.

## Student Learning Objectives

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Students will learn to:

- demonstrate the rules of the class.
- demonstrate the procedures of the class.
- identify safety considerations.
- explain why certain rules and procedures are in place.

## Essential Questions

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Why are rules essential for Physical Education?

## **Enduring Understandings**

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Students will understand that learning is reinforced through procedures and structure by following rules and showing good character traits.

## **Application**

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Students will be able to independently use their learning to safely participate in all aspects of Physical Education.

## **Skills**

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Students will be skilled at:

- following the Rules of Common Physical Education Games.
- following the structure of the Class.
- following the procedures in the gym.
- following the Safety Procedures