

Unit 1: Creating Safe Environment

Content Area: **Unified Arts**
Course(s): **Physical Education 4**
Time Period: **September**
Length: **2 class intro, also ongoing**
Status: **Published**

Unit Summary

Creating a safe environment in a classroom/gymnasium is essential for student learning. It is important for students to learn procedures with routines and structure. Creating a safe environment helps solidify and establish character traits that they use throughout their lives.

Standards

HE.3-5.2.2.5.LF.1	Explain the need to engage in physical activities on a voluntary basis for emotional and physical enjoyment.
HE.3-5.2.2.5.LF.2	Develop a movement vocabulary that is flexible and adaptable for personal physical activity and wellness.
HE.3-5.2.2.5.MSC.1	Demonstrate body management skills and control when moving in relation to others, objects, and boundaries in personal and general space (e.g., coordination, balance, flexibility, agility).
HE.3-5.2.2.5.MSC.6	Execute appropriate behaviors and etiquette while participating as a player and viewing as an observer during physical activity, games, and other events, contributes to a safe environment.
HE.3-5.2.2.5.MSC.7	Apply specific rules, strategies, and procedures for specific physical activity, games, and sports in a safe active environment. Constructive feedback from others impacts improvement, effectiveness and participation in movement skills, concepts, sportsmanship, and safety.

Student Learning Objectives

Students will learn to:

- demonstrate the rules of the class.
- demonstrate the procedures of the class.
- identify safety considerations.
- explain why certain rules and procedures are in place.

Essential Questions

Why are rules essential for Physical Education?

Enduring Understandings

Students will understand that learning is reinforced through procedures and structure by following rules and showing good character traits.

Application

Students will be able to independently use their learning to safely participate in all aspects of Physical Education.

Skills

Students will be skilled at:

- following the Rules of Common Physical Education Games.
- following the structure of the Class.
- following the procedures in the gym.
- following the Safety Procedures