

# Unit 6: Safety & First Aid

Content Area: **Unified Arts**  
Course(s): **Health 4**  
Time Period: **December**  
Length: **5 Double Blocks**  
Status: **Published**

## Unit Summary

Everybody has the responsibility and right to be safe. The best way to keep everyone safe is to be aware and prepared. The goal of this unit is for the students to recognize various safe and unsafe situations so each individual can do their part in keeping safe and responding to emergencies.

## Standards

HPE.2.1.4.D.1	Determine the characteristics of safe and unsafe situations and develop strategies to reduce the risk of injuries at home, school, and in the community (e.g., fire safety, poison safety, accident prevention).
HPE.2.1.4.D.2	Summarize the various forms of abuse and ways to get help.
HPE.2.1.4.D.3	Examine the impact of unsafe behaviors when traveling in vehicles, as a pedestrian, and when using other modes of transportation.
HPE.2.1.4.D.4	Demonstrate simple first-aid procedures for choking, bleeding, burns, and poisoning.
HPE.2.2.4.E.1	Identify health services and resources provided in the school and community and determine how each assists in addressing health needs and emergencies.
HPE.2.2.4.E.2	Explain when and how to seek help when experiencing a health problem.
CAEP.9.2.4.A.2	Identify various life roles and civic and work - related activities in the school, home, and community.
CAEP.9.2.4.A.4	Explain why knowledge and skills acquired in the elementary grades lay the foundation for future academic and career success.

## Student Learning Objectives

Students will learn to:

- identify safe and unsafe situations and behaviors.
- develop plans to help respond to emergency situations.
- identify resources that can help the students when needed.

## Essential Questions

How can I keep myself safe?  
Why do unsafe situations happen?  
Why is it important to have emergency plans in place?  
How can I help my community stay safe?

## **Enduring Understandings**

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Students will understand that being prepared, seeking help quickly, and staying calm during emergency or unsafe situations can help save a person's life.

## **Application**

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Students will be able to independently use their learning to:

- inform their family and friends on how to help in an emergency or unsafe situation.
- to create an emergency plan/kit to use in their home.

## **Skills**

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Students will be skilled at:

- preparing an emergency plan for home.
- identifying ways to have fire safety, water safety, poison safety, accident prevention, etc.
- identifying health resources and responsible adults in an individual's life.