

# Unit 2: Character Education

Content Area: **Unified Arts**  
Course(s): **Health 4**  
Time Period: **September**  
Length: **2 Double Blocks then ongoing**  
Status: **Published**

## Unit Summary

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Character Education enables students to explore character traits and identify characteristics that make up individuals. This helps students to work with individuals with different backgrounds, cultures, and lifestyles and to have mutual respect for others. Students explore their own character traits along with character traits of others to compare and contrast how they affect one's wellness.

## Standards

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HPE.2.2.4.B.3	Determine how family, peers, technology, culture, and the media influence thoughts, feelings, health decisions, and behaviors.
HPE.2.2.4.C.1	Determine how an individual's character develops over time and impacts personal health.
HPE.2.2.4.C.2	Explain why core ethical values (such as respect, empathy, civic mindedness, and good citizenship) are important in the local and world community.
HPE.2.2.4.C.3	Determine how attitudes and assumptions toward individuals with disabilities may negatively or positively impact them.
HPE.2.2.4.D.1	Explain the impact of participation in different kinds of service projects on community wellness.

## Learning Objectives

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Students will learn to:

- identify and define common character traits.
- determine how character is continually developing and changing over time based on life experiences and external influences.
- determine how an individual's character impacts their personal wellness and health-related decisions.
- explain why an individual's character and core ethical values are important in the local and world community.

## Essential Questions

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What does it mean to be a person of "good character"?

Why does an individual's character and core ethical values change over time?

How is an individual's character influenced by family, peers, technology, culture, and media?

Why are core ethical values important to the local and world community?

How can an individual's character create an inclusive community for all?

## Enduring Understandings

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Students will understand that:

- character is who you are when no one is watching.
- an individual's character can impact personal wellness and is constantly changing and developing over time due to life experiences and external influences.

## Application

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Students will be able to independently use their learning to analyze their own character to determine who they are and how they can help improve their character to benefit their local and world communities.

## Skills

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Students will be skilled at defining, explaining, and relating the following character traits and core ethical values:

- Respect
- Responsibility
- Compassion
- Empathy
- Generosity
- Perseverance
- Kindness
- Honesty
- Self Control
- Sportsmanship
- Citizenship
- Acceptance
- Trustworthy
- Motivation