

# Unit 10 - Pickleball

Content Area: **Unified Arts**  
Course(s): **Physical Education 8**  
Time Period: **April**  
Length: **10 Days**  
Status: **Published**

## Unit Summary

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## Standards

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| HPE.2.5.8.A.1    | Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities).                  |
| HPE.2.5.8.A.CS1  | Movement skill performance is primarily impacted by the quality of instruction, practice, assessment, feedback, and effort.   |
| HPE.2.5.8.B.CS1  | Individual and team execution in games, sports, and other activity situations is based on the interaction of tactical use of strategies, positive mental attitudes, competent skill levels, and teamwork. |
| HPE.2.5.8.C.CS1  | Self-initiated behaviors that promote personal and group success include safety practices, adherence to rules, etiquette, cooperation, teamwork, ethical behavior, and positive social interaction.       |
| HPE.2.5.8.C.CS2  | Movement activities provide a timeless opportunity to connect with people around the world.   |
| CAEP.9.2.8.B.3   | Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.  |
| TECH.8.1.8.D.CS2 | Demonstrate personal responsibility for lifelong learning.  |

## Student Learning Objectives

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## Essential Questions

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- Why are independent activities good for my fitness and health?
- Why is hand-eye coordination important?
- How do these skills translate into my everyday life?

## Enduring Understandings

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- Students will understand that hand-eye coordination is essential to striking an object with a short handled implement.
- Students will understand the importance of team and individual activities.

## Application

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- Students will be able to independently use their learning....

## Skills

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Students will be skilled at:

- Forehanding.
- Backhanding.
- Serving.
- Dinking.
- Volleying.