# **Unit 3 - Alcohol & Other Drugs**

Content Area: Course(s): Time Period: Length:	Unified Arts Health 8 January 10 Days Dublished
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## **Unit Summary**

Standards	
HPE.2.2.8.D.1	Plan and implement volunteer activities to benefit a local, state, national, or world health initiative.
HPE.2.2.8.D.2	Defend a position on a health or social issue to activate community awareness and responsiveness.
HPE.2.2.8.D.CS1	Effective advocacy for a health or social issue is based on communicating accurate and reliable research about the issue and developing and implementing strategies to motivate others to address the issue.
HPE.2.2.8.E.1	Evaluate various health products, services, and resources from different sources, including the Internet.
HPE.2.2.8.E.2	Compare and contrast situations that require support from trusted adults or health professionals.
HPE.2.2.8.E.CS1	Potential solutions to health issues are dependent on health literacy and available resources.
HPE.2.2.8.E.CS2	Communicating health needs to trusted adults and professionals assists in the prevention, early detection, and treatment of health problems.
HPE.2.3.8.A.1	Explain why the therapeutic effects and potential risks of commonly used over-the- counter medicines, prescription drugs, and herbal and medicinal supplements vary in different individuals.
HPE.2.3.8.A.2	Compare and contrast adolescent and adult abuse of prescription and over-the-counter medicines and the consequences of such abuse.
HPE.2.3.8.A.CS1	Medicines come in a variety of forms (prescription medicines, over-the-counter medicines, medicinal supplements), are used for numerous reasons, and should be taken as directed in order to be safe and effective.
HPE.2.3.8.B.1	Compare and contrast the physical and behavioral effects of commonly abused substances by adolescents.
HPE.2.3.8.B.2	Predict the legal and financial consequences of the use, sale, and possession of illegal substances.
HPE.2.3.8.B.3	Analyze the effects of all types of tobacco use on the aging process.
HPE.2.3.8.B.4	Compare and contrast smoking laws in New Jersey with other states and countries.
HPE.2.3.8.B.5	Explain the impact of alcohol and other drugs on those areas of the brain that control vision, sleep, coordination, and reaction time and the related impairment of behavior, judgment, and memory.
HPE.2.3.8.B.6	Relate the use of alcohol and other drugs to decision-making and risk for sexual assault, pregnancy, and STIs.

HPE.2.3.8.B.7	Explain the impact of inhalant use and abuse on social, emotional, mental, and physical wellness.
HPE.2.3.8.B.8	Analyze health risks associated with injected drug use.
HPE.2.3.8.B.CS1	There is a strong relationship between individuals who abuse drugs and increased intentional and unintentional health-risk behaviors.
HPE.2.3.8.C.1	Compare and contrast theories about dependency/addiction (such as genetic predisposition, gender-related predisposition, and multiple risks) and provide recommendations that support a drug free life.
HPE.2.3.8.C.2	Summarize intervention strategies that assist family and friends to cope with the impact of substance abuse.
HPE.2.3.8.C.CS1	Substance abuse is caused by a variety of factors.
HPE.2.3.8.C.CS2	The ability to interrupt a drug dependency/addiction typically requires outside intervention, a strong personal commitment, treatment, and the support of family, friends, and others.
HPE.2.4.8.A.CS1	The values acquired from family, culture, personal experiences, and friends impact all types of relationships.
CAEP.9.2.8.B.2	Develop a Personalized Student Learning Plan with the assistance of an adult mentor that includes information about career areas of interest, goals and an educational plan.
CAEP.9.2.8.B.3	Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.
TECH.8.1.8.A.1	Demonstrate knowledge of a real world problem using digital tools.
TECH.8.1.8.A.CS1	Understand and use technology systems.
TECH.8.1.8.A.CS2	Select and use applications effectively and productively.
TECH.8.1.8.D.CS2	Demonstrate personal responsibility for lifelong learning.

#### **Student Learning Objectives**

Students will learn....

#### **Essential Questions**

- How does the use of alcohol and other drugs impact decision-making and risk for sexual assault, pregnancy, and STIs?
- What impact does alcohol and other drugs have on the areas of the brain that control vision, sleep, coordination, and reaction time and the related impairment of behavior, judgment, and memory?
- What is the incidence and impact of commonly abused substances such as tobacco, alcohol, marijuana, inhalants, anabolic steroids, and other drugs on individuals and communities in the United States and other countries?

#### **Enduring Understandings**

• Students will understand that the decision not to misuse alcohol, tobacco, and other drugs is essential to lifelong wellness.

## Application

• Students will be able to independently use their learning...

# Skills

Students will be skilled at:

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