

# Unit 5 - Human Sexuality

Content Area: **Unified Arts**  
Course(s): **Health 8**  
Time Period: **May**  
Length: **10 Days**  
Status: **Published**

## Unit Summary

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## Standards

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HPE.2.4.8.A.1	Predict how changes within a family can impact family members.
HPE.2.4.8.A.2	Explain how the family unit impacts character development.
HPE.2.4.8.A.3	Explain when the services of professionals are needed to intervene in relationships.
HPE.2.4.8.A.4	Differentiate between affection, love, commitment, and sexual attraction.
HPE.2.4.8.A.5	Determine when a relationship is unhealthy and explain effective strategies to end the relationship.
HPE.2.4.8.A.6	Develop acceptable criteria for safe dating situations, such as dating in groups, setting limits, or only dating someone of the same age.
HPE.2.4.8.A.CS1	The values acquired from family, culture, personal experiences, and friends impact all types of relationships.
HPE.2.4.8.B.1	Analyze the influence of hormones, nutrition, the environment, and heredity on the physical, social, and emotional changes that occur during puberty.
HPE.2.4.8.B.2	Determine the benefits of sexual abstinence and develop strategies to resist pressures to become sexually active.
HPE.2.4.8.B.3	Compare and contrast methods of contraception used by adolescents and factors that may influence their use.
HPE.2.4.8.B.4	Relate certain behaviors to placing one at greater risk for HIV/AIDS, STIs, and unintended pregnancy.
HPE.2.4.8.B.5	Discuss topics regarding gender identity, sexual orientation, and cultural stereotyping.
HPE.2.4.8.B.6	Explain the importance of practicing routine healthcare procedures such as breast self-examination, testicular examinations, and HPV vaccine.
HPE.2.4.8.B.CS1	Personal lifestyle habits and genetics influence sexual development as well as overall growth patterns.
HPE.2.4.8.B.CS2	Responsible actions regarding sexual behavior impact the health of oneself and others.
HPE.2.4.8.B.CS3	Discussion of topics regarding sexuality requires a safe, supportive environment where sensitivity and respect is shown toward all.
HPE.2.4.8.B.CS4	Early detection strategies assist in the prevention and treatment of illness or disease.
CAEP.9.2.8.B.2	Develop a Personalized Student Learning Plan with the assistance of an adult mentor that includes information about career areas of interest, goals and an educational plan.
CAEP.9.2.8.B.3	Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.
TECH.8.1.8.A.1	Demonstrate knowledge of a real world problem using digital tools.

TECH.8.1.8.A.CS1	Understand and use technology systems.
TECH.8.1.8.A.CS2	Select and use applications effectively and productively.
TECH.8.1.8.D.CS2	Demonstrate personal responsibility for lifelong learning.

## Student Learning Objectives

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- Students will learn the steps to follow when making decision to practice abstinence.
- Students will learn refusal skills and the role they have in maintaining abstinence.
- Students will learn various birth control methods.
- Students will learn the consequences of sexual activity before marriage.
- Students will learn the term sexually transmitted disease and why teens, as a group, are at particularly high risk for infections of STDs.
- Students will learn that abstinence as is 100% effective way to avoid contracting an STD.
- Students will learn the symptoms and treatments for some of the common STDs including seeking medical attention and notifying any past sexual partners.
- Students will learn how HIV invades the immune system and ways to protect against its transmission.

## Essential Questions

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- What makes up the anatomy of my reproductive system?
- What can I do to keep my reproductive system healthy.
- What are characteristics of a healthy/unhealthy relationship?
- What preventive techniques can be used to curtail abusive behavior?
- What are the consequences of sexual behavior?
- How can you protect against sexual assault and what to do if sexually assaulted?

## Enduring Understandings

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- Students will understand that sexual behavior may lead to sexual health issues.
- Students will understand that abstinence is the only 100% safe method to prevent unwanted children and disease.
- Students will understand that respect and self-esteem are important attributes to a healthy relationship.
- Students will understand that abusive behaviors can happen to anyone.

## Application

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- Students will be able to independently use their learning...

## Skills

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Students will be skilled at:

- Recommending strategies to enhance and maintain mature, loving, respectful, and healthy relationships to help address domestic or dating violence.
- Identifying risks of diseases and consequences of risky sexual behavior.
- Identifying and explaining the various cancers associated with the male and female reproductive system.
- Comparing and contrasting the various birth control methods.
- Predicting the consequences of conflict, harassment, bullying, and violence on individuals, families and the community.
- Identifying abusive behaviors in a relationship.