# **Unit 5 - Floor Hockey**

| Content Area: | Unified Arts         |
|---------------|----------------------|
| Course(s):    | Physical Education 7 |
| Time Period:  | December             |
| Length:       | 4 weeks              |
| Status:       | Published            |
|               |                      |

## **Unit Summary**

| Standards        |  |
|------------------|--|
| HPE.2.5.8.A.1    | Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities). |
| HPE.2.5.8.A.CS1  | Movement skill performance is primarily impacted by the quality of instruction, practice, assessment, feedback, and effort.  |
| HPE.2.5.8.C.1    | Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.  |
| CAEP.9.2.8.B.3   | Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.                       |
| TECH.8.1.8.D.CS2 | Demonstrate personal responsibility for lifelong learning.   |

## **Student Learning Objectives**

- Students will learn to use hand-eye coordination while strinking an object with a long handled implement.
- Students will learn the tactics of defense and open space.

### **Essential Questions**

- Why are team activities important?
- What skills can I use in other settings?

## **Enduring Understandings**

- Students will understand that they must use proper skill.
- Students will understand that their knowledge of hockey will lead them to success.
- Students will understand that they must utilize strategy.
- Students will understand the history of floor hockey.

## Application

- Students will be able to independently use their learning to identify the parts of a hockey stick: blade, shaft, butt of a stick.
- Students will be able to independently use their learning to hold a regular stick properly.
- Students will be able to independently use their learning to hold a goalie stick properly.
- Students will be able to independently use their learning to understand the positions on the floor.
- Students will be able to independently use their learning to play a man-to-man defense.

#### Skills

Students will be skilled at:

- Hand positioning on stick.
- Shooting the hockey ball.
- Passing the hockey ball.
- Dribbling the hockey ball.