

Unit 3 - Soccer

Content Area: **Unified Arts**
Course(s): **Physical Education 7**
Time Period: **October**
Length: **4 weeks**
Status: **Published**

Unit Summary

Standards

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| HPE.2.5.8.A.2 | Apply the concepts of force and motion (weight transfer, power, speed, agility, range of motion) to impact performance. |
| HPE.2.5.8.A.4 | Detect, analyze, and correct errors and apply to refine movement skills. |
| HPE.2.5.8.C.CS1 | Self-initiated behaviors that promote personal and group success include safety practices, adherence to rules, etiquette, cooperation, teamwork, ethical behavior, and positive social interaction. |
| CAEP.9.2.8.B.3 | Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career. |
| TECH.8.1.8.D.CS2 | Demonstrate personal responsibility for lifelong learning. |

Student Learning Objectives

- Students will learn basic soccer footskills.
- Students will learn fitness related to soccer.
- Students will learn cooperation and teamwork.
- Students will learn basic offensive and defensive strategies.

Essential Questions

- Why are team activities important?
- What skills can I use in other settings?

Enduring Understandings

- Students will understand that proper skill must be used.
- Students will understand that they must use their knowledge about soccer to succeed.
- Students will understand the strategy involved when playing soccer.
- Students will understand the **history of soccer**.

Application

- Students will be able to independently use their learning to demonstrate soccer skills with proper form and mechanical accuracy.
- Students will be able to independently use their learning to understand field positions.
- Students will be able to independently use their learning to demonstrate the rules and their understanding of game.

Skills

Students will be skilled at:

- Dribbling using the inside and outside of foot as well as changing speed.
- Passing.
- Trapping by putting their foot on top and/or using one knee.
- Drop kicking.
- Throwing in.
- Corner kicking.
- Penalty kicking.
- Offensive and defensive play and strategy.
- Interpreting the Rules.