

Unit 3 - Soccer

Content Area: **Unified Arts**
Course(s): **Physical Education 7**
Time Period: **October**
Length: **4 weeks**
Status: **Published**

Unit Summary

Standards

HPE.2.5.8.A.2	Apply the concepts of force and motion (weight transfer, power, speed, agility, range of motion) to impact performance.
HPE.2.5.8.A.4	Detect, analyze, and correct errors and apply to refine movement skills.
HPE.2.5.8.C.CS1	Self-initiated behaviors that promote personal and group success include safety practices, adherence to rules, etiquette, cooperation, teamwork, ethical behavior, and positive social interaction.
CAEP.9.2.8.B.3	Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.
TECH.8.1.8.D.CS2	Demonstrate personal responsibility for lifelong learning.

Student Learning Objectives

- Students will learn basic soccer footskills.
- Students will learn fitness related to soccer.
- Students will learn cooperation and teamwork.
- Students will learn basic offensive and defensive strategies.

Essential Questions

- Why are team activities important?
- What skills can I use in other settings?

Enduring Understandings

- Students will understand that proper skill must be used.
- Students will understand that they must use their knowledge about soccer to succeed.
- Students will understand the strategy involved when playing soccer.
- Students will understand the **history of soccer**.

Application

- Students will be able to independently use their learning to demonstrate soccer skills with proper form and mechanical accuracy.
- Students will be able to independently use their learning to understand field positions.
- Students will be able to independently use their learning to demonstrate the rules and their understanding of game.

Skills

Students will be skilled at:

- Dribbling using the inside and outside of foot as well as changing speed.
- Passing.
- Trapping by putting their foot on top and/or using one knee.
- Drop kicking.
- Throwing in.
- Corner kicking.
- Penalty kicking.
- Offensive and defensive play and strategy.
- Interpreting the Rules.