

# Unit 3 - Alcohol & Other Drugs

Content Area: **Unified Arts**  
Course(s): **Health 7**  
Time Period: **February**  
Length: **22 Days**  
Status: **Published**

## Unit Summary

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## Standards

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HPE.2.3.8.B.1	Compare and contrast the physical and behavioral effects of commonly abused substances by adolescents.
HPE.2.3.8.B.3	Analyze the effects of all types of tobacco use on the aging process.
HPE.2.3.8.B.5	Explain the impact of alcohol and other drugs on those areas of the brain that control vision, sleep, coordination, and reaction time and the related impairment of behavior, judgment, and memory.
HPE.2.3.8.C.1	Compare and contrast theories about dependency/addiction (such as genetic predisposition, gender-related predisposition, and multiple risks) and provide recommendations that support a drug free life.
CAEP.9.2.8.B.2	Develop a Personalized Student Learning Plan with the assistance of an adult mentor that includes information about career areas of interest, goals and an educational plan.
CAEP.9.2.8.B.3	Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.
TECH.8.1.8.A.1	Demonstrate knowledge of a real world problem using digital tools.
TECH.8.1.8.A.CS1	Understand and use technology systems.
TECH.8.1.8.A.CS2	Select and use applications effectively and productively.
TECH.8.1.8.D.CS2	Demonstrate personal responsibility for lifelong learning.

## Student Learning Objectives

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- Students will learn the recognizing pressures to use drugs.
- Students will learn the reasons why people choose not to use marijuana, alcohol, and other drugs.
- Students will learn the reasons why people decide not to use tobacco products.
- Students will learn the physical, social, and emotional effects of drug use, smoking, and marijuana.
- Students will learn the short-term and long-term effects of smoking and marijuana.
- Students will learn the reasons why people decide to use marijuana.
- Students will learn refusal skills.

## Essential Questions

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- What is the impact of alcohol and other drugs on the areas of the brain that control vision, sleep, coordination, and reaction time and the related impairment of behavior, judgment, and memory?

- What are the effects of substances as they relate to the wellness model?
- What are the legal and financial consequences of the use, sale, and possession of illegal substances?
- What are the effects of all types of tobacco use on the aging process?
- What is the impact of inhalant use and abuse on social, emotional, mental, and physical wellness?
- Why do people choose to use alcohol, tobacco, and other drugs when they are aware of the detrimental effects?
- How do I make the "right" decisions in the face of peer, media and other pressures?

## Enduring Understandings

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- Students will understand that alcohol, tobacco, and other drugs have a variety of harmful effects on the human body.
- Students will understand that there is a strong relationship between individuals who abuse drugs and increased intentional and unintentional health-risk behaviors.

## Application

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## Skills

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Students will be skilled at:

- Stating reasons why some teens smoke.
- Explaining how tobacco use is directly linked to respiratory and circulatory diseases, as well as variety of other health-related problems.
- Describing the health hazards that nonsmokers face when in a smoke-filled environment.
- Discussing the challenge of quitting smoking and positive steps that can be taken by smokers who want to quit.
- Illustrating lungs of a smoker and non-smoker.
- Predicting consequences of smoking.
- Listing reasons young people choose to drink.
- Describing factors that affect teen alcohol use.
- Investigating the truth about some myths about alcohol.
- Explaining the effects of alcohol on the body.
- Describing the consequences of drinking and driving.
- Identifying the consequences of DWI and efforts to reduce DWIs.
- Explaining the function and importance of a healthy liver.
- Predicting the consequences of someone drinking alcohol.