

# Unit 6 - Basketball

Content Area: **Unified Arts**  
Course(s): **Physical Education 6**  
Time Period: **January**  
Length: **5 days**  
Status: **Published**

## Unit Summary

Basketball is a common sport for many children. It is important for students to practice basic skills of basketball in isolated settings and then modified games in case they would like to play in a recreational league or with friends and family. The skill practice is more important for students at this age rather than games, which is why emphasis and time goes towards practice.

## Standards

HPE.2.5.6.A.1	Explain and perform movement skills that combine mechanically correct movement in smooth flowing sequences in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.6.A.2	Explain concepts of force and motion and demonstrate control while modifying force, flow, time, space, and relationships in interactive dynamic environments.
HPE.2.5.6.A.4	Use self-evaluation and external feedback to detect and correct errors in one's movement performance.
HPE.2.5.6.B.1	Demonstrate the use of offensive, defensive, and cooperative strategies in individual, dual, team and group activities.
HPE.2.5.6.B.2	Compare and contrast strategies used to impact individual, team and group effectiveness and make modifications for improvement.
HPE.2.5.6.C.1	Compare the roles and responsibilities of players and observers and recommend strategies to enhance sportsmanship-like behavior.
HPE.2.5.6.C.2	Apply rules and procedures for specific games, sports, and other competitive activities and describe how they enhance participation and safety.
HPE.2.5.6.C.3	Relate the origin and rules associated with certain games, sports, and dances to different cultures.
HPE.2.6.6.A.2	Determine to what extent various activities improve skill-related fitness versus health-related fitness.
CAEP.9.2.8.B.3	Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.
TECH.8.1.8.D.CS2	Demonstrate personal responsibility for lifelong learning.

## Student Learning Objectives

- Students will learn proper dribbling technique in skill activities then game.
- Students will learn proper passing technique in skill activities then game.
- Students will learn proper layup technique in skill activities then game.
- Students will learn proper jump shot technique in skill activities then games.
- Students will learn defensive and offensive strategies with a team in a game setting.
- Students will learn rules and scoring through playing.

## Essential Questions

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- How does following the rules improve the games?
- Why are team sports important?

## Enduring Understandings

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- Students will understand that basketball is a game that requires proper technical skills, movement, defensive/offensive strategies, and teamwork in order to play effectively.

## Application

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- Students will be able to independently use their learning to play in a game like setting.

## Skills

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Students will be skilled at:

- Implementing dominant hand dribbling proper form.
- Implementing non-dominant hand dribbling proper form.
- Utilizing proper layup form.
- Utilizing proper jump shot form.
- Utilizing proper chest pass form.
- Utilizing proper bounce pass form.
- Implementing offensive strategies.
- Implementing defensive strategies.
- Demonstrating positioning on the court.
- Incorporating teamwork.
- Facilitating communication.