

Unit 7 - Volleyball

Content Area: **Unified Arts**
Course(s): **Physical Education 6**
Time Period: **January**
Length: **8 days**
Status: **Published**

Unit Summary

Volleyball is a common sport for many children. It is important for students to use the basic skills of volleyball in a game like setting in case they would like to play in a recreational league or with friends and family. The games will help the students with spatial awareness, movement as a team, offensive strategies, defensive strategies, and keeping score.

Standards

HPE.2.5.6.A.1	Explain and perform movement skills that combine mechanically correct movement in smooth flowing sequences in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.6.A.2	Explain concepts of force and motion and demonstrate control while modifying force, flow, time, space, and relationships in interactive dynamic environments.
HPE.2.5.6.A.4	Use self-evaluation and external feedback to detect and correct errors in one's movement performance.
HPE.2.5.6.B.1	Demonstrate the use of offensive, defensive, and cooperative strategies in individual, dual, team and group activities.
HPE.2.5.6.B.2	Compare and contrast strategies used to impact individual, team and group effectiveness and make modifications for improvement.
HPE.2.5.6.C.1	Compare the roles and responsibilities of players and observers and recommend strategies to enhance sportsmanship-like behavior.
HPE.2.5.6.C.2	Apply rules and procedures for specific games, sports, and other competitive activities and describe how they enhance participation and safety.
HPE.2.5.6.C.3	Relate the origin and rules associated with certain games, sports, and dances to different cultures.
CAEP.9.2.8.B.3	Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.
TECH.8.1.8.D.CS2	Demonstrate personal responsibility for lifelong learning.

Student Learning Objectives

- Students will learn proper bumping technique in a game setting.
- Students will learn proper setting technique in a game setting.
- Students will learn proper serving technique in a game setting.
- Students will learn defensive and offensive strategies with a team in a game setting.
- Students will learn knowledge of rules/scoring through playing and refereeing.

Essential Questions

- How does following the rules improve the games?
- Why are team sports important?

Enduring Understandings

- Students will understand that volleyball is a game that requires proper technical skills, movement, defensive/offensive strategies, and teamwork in order to play effectively.

Application

- Students will be able to independently use their learning to run and participate in a round robin volleyball tournament.

Skills

Students will be skilled at:

- Utilizing proper bumping form.
- Utilizing proper setting form.
- Utilizing proper underhand serve form.
- Implementing offensive strategies.
- Implementing defensive strategies.
- Demonstrating positioning on the court.
- Utilizing rotations.
- Incorporating teamwork.
- Facilitating communication.