

Unit 5 - Floor Hockey

Content Area: **Unified Arts**
Course(s): **Physical Education 6**
Time Period: **November**
Length: **7 days**
Status: **Published**

Unit Summary

Hockey is a common sport for many children. It is important for students to use the basic skills of hockey in a game like setting in case they would like to play in a recreational league or with friends. The games will help the students with spatial awareness, movement as a team, offensive strategies, and defensive strategies.

Student Learning Objectives

- Students will learn proper passing techniques in a game setting.
- Students will learn proper stick control techniques in a game setting.
- Students will learn proper shooting techniques in a game setting.
- Students will learn defensive and offensive strategies with a team in a game setting.
- Students will learn knowledge of rules by being a referee.

Essential Questions

- How does following the rules improve the game?
- Why are team sports important?

Enduring Understandings

Students will understand that floor hockey is a game that requires proper technical skills, movement, defensive/offensive strategies, and teamwork in order to play effectively.

Application

Students will be able to independently use their learning to run, referee, and participate in a round robin floor hockey tournament.

Skills

Students will be skilled at:

- Utilizing proper form for passing.
- Utilizing the proper form for stick control.
- Utilizing proper form for shooting.
- Demonstrating offensive strategies.
- Demonstrating defensive strategies.
- Implementing teamwork.
- Facilitating communication.