

# Unit 4 - Drugs and Medicine (tobacco, alcohol, drugs, medicine)

Content Area: **Unified Arts**  
Course(s): **Health 6**  
Time Period: **January**  
Length: **22 Days**  
Status: **Published**

## Unit Summary

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The unit explores the physical, mental, and social consequences associated with drug/medicine use/abuse on the individual as well as the impact of others around them.

## Standards

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HPE.2.3.6.A.1	Compare and contrast short- and long-term effects and the potential for abuse of commonly used over-the-counter and prescription medicines and herbal and medicinal supplements.
HPE.2.3.6.A.2	Compare information found on over-the-counter and prescription medicines.
HPE.2.3.6.B.1	Explain the system of drug classification and why it is useful in preventing substance abuse.
HPE.2.3.6.B.2	Relate tobacco use and the incidence of disease.
HPE.2.3.6.B.3	Compare the effect of laws, policies, and procedures on smokers and nonsmokers.
HPE.2.3.6.B.5	Determine situations where the use of alcohol and other drugs influence decision-making and can place one at risk.
HPE.2.3.6.C.1	Summarize the signs and symptoms of a substance abuse problem and the stages that lead to dependency/addiction.
HPE.2.3.6.C.2	Explain how wellness is affected during the stages of drug dependency/addiction.
HPE.2.3.6.C.3	Determine the extent to which various factors contribute to the use and abuse of alcohol, tobacco, and other drugs by adolescents, such as peer pressure, low self-esteem, genetics, and poor role models.
HPE.2.3.6.C.4	Determine effective strategies to stop using alcohol, tobacco and other drugs, and that support the ability to remain drug-free.
CAEP.9.2.8.B.2	Develop a Personalized Student Learning Plan with the assistance of an adult mentor that includes information about career areas of interest, goals and an educational plan.
CAEP.9.2.8.B.3	Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.
CAEP.9.2.8.B.6	Demonstrate understanding of the necessary preparation and legal requirements to enter the workforce.
TECH.8.1.8.A.3	Use and/or develop a simulation that provides an environment to solve a real world problem or theory.
TECH.8.1.8.A.CS1	Understand and use technology systems.
TECH.8.1.8.A.CS2	Select and use applications effectively and productively.

TECH.8.1.8.C.CS2	Communicate information and ideas to multiple audiences using a variety of media and formats.
TECH.8.1.8.D.CS1	Advocate and practice safe, legal, and responsible use of information and technology.
TECH.8.1.8.D.CS2	Demonstrate personal responsibility for lifelong learning.

## Student Learning Objectives

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- Students will learn the impact of effective refusal skills to decrease experimentation and use of alcohol, tobacco, and other drugs in several social settings.
- Students will learn a wide range of influences of why people start and use.
- Students will learn data on how drugs/alcohol effect decision making the potential for illness, injury, disease, and risky health behaviors.

## Essential Questions

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- Why do people choose to use alcohol, tobacco and other drugs when they are aware of the negative effects?

## Enduring Understandings

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- Students will understand that the use and abuse of alcohol, tobacco, and other drugs not only impact the individual but may have a profound impact on others.

## Application

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- Students will be able to independently use their learning to gain the ability to say no to substances use. Know the side effects and harmful effects on the body substance use has.

## Skills

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Students will be skilled at:

- Identifying the history of alcohol, tobacco, and other drugs.
- Identifying the classes of drugs.
- Recognizing the dangers of tobacco, alcohol, and other drugs.
- Modeling resistance skills and decision making skills.

