

# Unit 1: Rules and Procedures

Content Area: **Unified Arts**  
Course(s): **Physical Education 2**  
Time Period: **September**  
Length: **10**  
Status: **Published**

## Unit Summary

---

During this unit, students will be expected to explain and demonstrate the five rules in the gymnasium (Follow directions the first time, listen while others are talking, work hard play fair, raise your hand not your voice, respect self, others, and the equipment). In addition, students will be expected to explain and demonstrate emergency drills (Fire, lockout, lockdown, evacuate, shelter, hold). By the end of the unit, students will have an understanding of the rules and procedures in the gymnasium.

## Student Learning Objectives

---

Students will learn...

- the five rules in the gymnasium (Follow directions the first time, listen while others are talking, work hard play fair, raise your hand not your voice, respect self, others, and the equipment).
- the six emergency drills (Fire, lockout, lockdown, evacuate, shelter, hold).

## Essential Questions

---

- Why are rules and procedures important?
- What are the results of setting the rules on the first day of class?
- What are the results of setting the procedures on the second day of class?

## Enduring Understandings

---

Students will understand that...

- rules and procedures are put into place so they can remain safe while in class.

## Application

---

Students will be able to independently use their learning to...

- keep themselves, classmates, and staff safe when participating in class.
- know where to go and what to do in case of a drill or emergency situation.

## Skills

---

Students will be skilled at...

- working with peers to follow rules and procedures to stay safe throughout the class.

## Resources

---

- Kidz Bop Music (iTunes)
- PE Central ([www.pecentral.org](http://www.pecentral.org))
- Prior Teacher Knowledge
- Teacher Created Rubric