

# Unit 8: Movement & Dance

Content Area: **Unified Arts**  
Course(s): **Music K**  
Time Period: **May**  
Length: **3-4 weeks**  
Status: **Published**

## Unit Summary

---

In this unit, students will learn various movement and dance activities. Students will understand the basics needed for performing folk dances. Students will be able to maintain good self control when performing movement and dance activities.

## Student Learning Objectives

---

Students will learn ...

- how to perform various movement and dance activities
- how to perform basic choreography needed for folk dance sequences
- how to be safe and maintain self control while performing movement and dance activities
- how movement and dance as a pathway to further explore the concepts in their curriculum
- how to express themselves through individual and cooperative movement/dance activities
- how to improvise and create unplanned movement and dance sequences
- how dance builds a strong sense of community
- how dance helps us discover traditions and cultures from all over the world

## Essential Questions

---

- How can dance and movement further my enjoyment and understanding of music?

## Enduring Understandings

---

Students will understand that...

- Movement and dance is a pathway to further explore the concepts in the curriculum
- Movement and dance can be used to express emotions in music

## Application

---

Students will be able to independently use their learning to...

- perform various movement and dance activities.

## **Skills**

---

Students will be skilled at...

- Learn the various styles and genres of dance
- Express themselves through movement
- Strengthen their sense of beat and rhythm
- Perform dance from varying cultures and time periods
- Use dance to deepen their understanding of other musical elements (melody, rhythm, form, dynamics, tempo, etc)

## **Resources**

---

- Student Materials
- Teacher Materials
- Technology
- Professional Texts
- Lesson Plans
- Listening Maps
- Library of Listening Samples from Varying Cultures and Time Periods
- Professional Organization Resources
- Teacher Collaboration Sharing Sites and Social Media Resources
- Practice Website Links on Mrs. Repsher's CTSD Teacher Page