

# Unit 10: Yard Games

Content Area: **Unified Arts**  
Course(s): **Physical Education 1**  
Time Period: **June**  
Length: **10 Days**  
Status: **Published**

## Unit Summary

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In this unit, students will be introduced to lifelong physical activities that can be played by all ages. Students will learn the set up, rules, and scoring of each yard game. In addition, this unit will focus on appropriate behaviors and safety rules as well as the movement skills necessary to play each yard game.

## Student Learning Objectives

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Students will learn...

- the set up, rules, and scoring of each yard game.
- appropriate behaviors and safety rules.
- the movement skills necessary to play each yard game.
- the characteristics of good sportsmanship.

## Essential Questions

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- Do students need to be active to maintain health throughout their life?
- What skills and concepts are necessary to promote an active lifestyle?
- How are the principles of fitness and health applied to daily living?
- How are necessary social concepts and skills applied to enhance physical experiences?

## Enduring Understandings

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Students will understand that...

- these games can be played to help facilitate a lifetime of physical activity.
- they can help develop social relationships that can last a lifetime.
- these activities can be played in many different locations and by people of all ages/skill level.
- they will see the same skill sets from earlier in the curriculum help in a variety of different activities/sports.

## Application

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Students will be able to independently use their learning to...

- perform the skills needed to have success in a variety of different activities.
- identify when it is time to throw underhand or overhand in any of the games or activities they participate.
- develop social skills to help them learn what it is like to be an opponent or a teammate.

## **Skills**

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Students will be skilled at....

- communicating with peers during game play, while showing good sportsmanship and playing fairly.
- using the throwing cues effectively to play each game the way it is supposed to be played.

## **Resources**

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- Kidz Bop Music (iTunes)
- PE Central ([www.pecentral.org](http://www.pecentral.org))
- Prior Teacher Knowledge
- Teacher Created Rubric