

Unit 6: Floor Hockey

Content Area: **Unified Arts**
Course(s): **Physical Education 1**
Time Period: **January**
Length: **10 Days**
Status: **Published**

Unit Summary

During this unit, students will demonstrate four floor hockey skills (dribbling, passing, receiving, and shooting) through various activities. As students work together with a group and/or partner throughout the unit, they will provide positive and/or corrective feedback to improve their skills. By the end of the unit, students will have an understanding of the fundamental skills used in floor hockey.

Student Learning Objectives

Students will learn...

- the five cues (stick, grip, blade, knees, eyes) of the athletic stance (manipulative movement) with developmentally appropriate control.
- the four cues (athletic stance, blade, close, head forward) of dribbling (manipulative movement) with developmentally appropriate control.
- the four cues (athletic stance, blade, step, follow through) of passing (manipulative movement) with developmentally appropriate control.
- the two cues (athletic stance, give) of receiving a pass (manipulative movement) with developmentally appropriate control.
- the four cues (athletic stance, blade back, step, follow through) of shooting (manipulative movement) with developmentally appropriate control.
- how to observe and provide positive and corrective feedback of shooting an object.
- ways to be safe while using the hockey stick.

Essential Questions

- How do different objects determine the amount of "give" one uses when receiving a pass?
- Why is student to student feedback and teacher to student feedback important while learning a new skill?
- How can one demonstrate appropriate behavior while shooting an object?

Enduring Understandings

Students will understand that...

- the amount of "give" required when receiving a pass has multiple factors including the weight of the object.
- accepting feedback from teachers and other students can help aid in the development of new skills.
- objects should never be shot at other students or teachers as they can cause harm.

Application

Students will be able to independently use their learning to...

- identify the parts of the hockey stick.
- hold the hockey stick properly.
- dribble, pass, receive, and shoot objects using the hockey stick.
- work as a team with other students.
- positively critique and receive feedback from other students.

Skills

Students will be skilled at...

- naming the parts of the stick.
- exhibiting an understanding of safely using the equipment.
- exhibiting object handling skills using the equipment.
- passing and receiving an object using the hockey stick.
- shooting an object using the hockey stick.
- exhibiting an understanding of the teamwork concept.
- communicating effectively with classmates about the skills covered.

Resources

- Kidz Bop Music (iTunes)
- PE Central (www.pecentral.org)
- Prior Teacher Knowledge
- Teacher Created Rubric