# **Unit 6: Floor Hockey**

Content Area: Unified Arts

Course(s): Physical Education 1

Time Period: January
Length: 10 Days
Status: Published

#### **Unit Summary**

During this unit, students will demonstrate four floor hockey skills (dribbling, passing, receiving, and shooting) through various activities. As students work together with a group and/or partner throughout the unit, they will provide positive and/or corrective feedback to improve their skills. By the end of the unit, students will have an understanding of the fundamental skills used in floor hockey.

## **Student Learning Objectives**

Students will learn...

- the five cues (stick, grip, blade, knees, eyes) of the athletic stance (manipulative movement) with developmentally appropriate control.
- the four cues (athletic stance, blade, close, head forward) of dribbling (manipulative movement) with developmentally appropriate control.
- the four cues (athletic stance, blade, step, follow through) of passing (manipulative movement) with developmentally appropriate control.
- the two cues (athletic stance, give) of receiving a pass (manipulative movement) with developmentally appropriate control.
- the four cues (athletic stance, blade back, step, follow through) of shooting (manipulative movement) with developmentally appropriate control.
- how to observe and provide positive and corrective feedback of shooting an object.
- ways to be safe while using the hockey stick.

## **Essential Questions**

- How do different objects determine the amount of "give" one uses when receiving a pass?
- Why is student to student feedback and teacher to student feedback important while learning a new skill?
- How can one demonstrate appropriate behavior while shooting an object?

# **Enduring Understandings**

Students will understand that...

- the amount of "give" required when receiving a pass has multiple factors including the weight of the object.
- accepting feedback from teachers and other students can help aid in the development of new skills.
- objects should never be shot at other students or teachers as they can cause harm.

## **Application**

Students will be able to independently use their learning to...

- identify the parts of the hockey stick.
- hold the hockey stick properly.
- dribble, pass, receive, and shoot objects using the hockey stick.
- work as a team with other students.
- positively critique and receive feedback from other students.

### **Skills**

Students will be skilled at...

- naming the parts of the stick.
- exhibiting an understanding of safely using the equipment.
- exhibiting object handling skills using the equipment.
- passing and receiving an object using the hockey stick.
- shooting an object using the hockey stick.
- exhibiting an understanding of the teamwork concept.
- communicating effectively with classmates about the skills covered.

### Resources

- Kidz Bop Music (iTunes)
- PE Central (www.pecentral.org)
- Prior Teacher Knowledge
- Teacher Created Rubric