

# Acting Workshop - Unit 4: Stanislavski and the Method System

Content Area: **Arts**  
Course(s): **Acting Works F**  
Time Period: **Marking Period 2**  
Length: **Semester**  
Status: **Published**

## Standards

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LA.9-12.W	Writing
LA.9-12.RL	Reading: Literature
LA.9-12.SL	Speaking and Listening
VPA.9-12.1.1.12.2	Characters have physical, emotional, and social dimensions that can be communicated through the application of acting techniques.
VPA.9-12.1.1.12.C.2	Formulate a process of script analysis to identify how the physical, emotional, and social dimensions of a character are communicated through the application of acting techniques.
VPA.9-12.1.3.12.1	Effective scripted and improvisational performances require informed, supported, and sustained choices by actors, directors, and designers. Theatre genres are created by combining complex narrative structures, technical theatrical elements, and thematic intent.
VPA.9-12.1.3.12.2	Presentation of believable, multidimensional characters in scripted and improvised performances requires application of specific physical choices, sustained vocal technique, and clearly motivated actions.
VPA.9-12.1.3.12.C.1	Create plays that include well-structured plots and subplots, clear thematic intent, original characters, and technical theatrical elements appropriate to a variety of theatrical genres.
VPA.9-12.1.3.12.C.2	Create and evaluate performances by citing evidence of specific physical choices, sustained vocal technique, and clearly motivated actions.

## Enduring Understanding

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1. Proper use of analysis in determining character and story.
2. Being on stage without a reason creates deadly and false acting.
3. Objectives, Tactics, and intention develop from within the author's story and thematic intent.
4. Text analysis is the key to understanding the author's intent.

## Essential Questions

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1. How do actors use Stanislavski's method for the development and performance of character?
2. How does an actor's concentration and relaxation affect performance?
3. How do you use imagination, action, and sense memory to develop character nuances?

#### 4. What is an Objective and Tactic?

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### **Knowledge and Skills**

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Students will be able to:

- Recognize various acting exercises which help actors work objectives and obstacles.
- Apply skills in emotional recall and sense memory.
- Define Stanislavski's principles of units, beats, objectives and obstacles and apply them to performance.
- Analyze characters to determine motivation and emotional intent.
- Analyze monologue for units, beats, objective and obstacles.
- Practice and apply objectives, tactics and intent within a given character.
- Recognize how to apply method skills during a performance which reflects the application of emotional recall and sense memory.
- Identify action-oriented goals with a monologue and scene.

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### **Resources**

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Boleslavskis 6 Lessons in Acting

DVD's on performances and the Meisner Technique

Scripts and articles.

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### **Transfer Goals**

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#### **1) Critical Thinking:**

Students will be able to effectively think critically about work to evaluate a work or performance to determine its value.

#### **2) Communication:**

Students will be able to effectively create a performance to express ideas, mood and evoke emotion.

## **Assessments**

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[Assessments](#)

## **Modifications**

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[Modifications](#)