

Responsible Driving

Content Area: **Health & Phys Ed**
Course(s): **HEALTH 2**
Time Period: **Semester 1**
Length: **2 weeks**
Status: **Published**

Standards

HE.9-12.2.3.12.PS.1	Apply a thoughtful decision-making process to evaluate situations and influences that could lead to healthy or unhealthy consequences (e.g., peers, media).
HE.9-12.2.3.12.PS.3	Summarize New Jersey motor vehicle laws and regulations, Safe Stops, and determine their impact on health and safety (e.g., organ/tissue donation, traffic safety, avoid driving distractors, seatbelt use, the use of hand-held devices).
HE.9-12.2.3.12.PS.4	Investigate the relationship between alcohol, drug use, and motor vehicle crashes and analyze the short- and long-term consequences of these actions.
HE.9-12.2.3.12.PS.9	Evaluate strategies to use social media safely, legally, and respectfully.

Enduring Understandings

1. Maximize understanding that there is a correlation between responsible driving habits and attitude towards driving responsibility. **HE.9-12.2.3.12.PS.1** - Apply a thoughtful decision-making process to evaluate situations and influences that could lead to healthy or unhealthy consequences (e.g., peers, media).
2. Educate students on the laws against aggressive driving and driving while sleep deprived. **HE.9-12.2.3.12.PS.3** - Summarize New Jersey motor vehicle laws and regulations, Safe Stops, and determine their impact on health and safety (e.g., organ/tissue donation, traffic safety, avoid driving distractors, seatbelt use, the use of hand-held devices).
3. Create awareness of the many distractions both inside and outside of the vehicle that can affect driving including those of the manual, visual, and cognitive variety. **HE.9-12.2.3.12.PS.9** - Evaluate strategies to use social media safely, legally, and respectfully.

Essential Questions

1. How do the driver's attitude and emotions affect driving conditions?
2. What are the consequences for driving aggressively, or driving while sleep deprived?
3. What are driver distractions and how can these distractions be avoided?
4. What is a manual distraction? Visual distraction? Cognitive distraction?

Knowledge and Skills

The performance expectations are:

- Understand how attitudes and emotions effect safe driving. **HE.9-12.2.3.12.PS.3**
- Identify aggressive driving and road rage. **HE.9-12.2.3.12.PS.3**
- Learn the importance of driving with your full attention on the road. **HE.9-12.2.3.12.PS.1**
- Identify the different types of driver distractions and how to prevent them. **HE.9-12.2.3.12.PS.9**

Transfer Goals

1. Students will be able to independently understand and apply safe driving habits.
2. Students will be able to independently analyze safety laws and safety vehicle features to help increase driving defensively.
3. Students will be able to independently identify the risks and hazards to common driver distractions and develop ways in which to decrease their risk.

Resources

- **Class Discussion and Notes**
 - Slide Notes - Safe Driving Rules & Regulations
 - <https://docs.google.com/presentation/d/1Cdtr5XhawcI14iD4XXHRD4sHTi8s966W/edit#slide=id.p1>
 - Guided Notes - Safe Driving Rules & Regulations
 - <https://docs.google.com/document/d/1mCP7t48Nh2X-aU1wbSZnstrFqBNBE8bk/edit>
 - Why you shouldn't drive slowly in the left lane
 - <https://www.youtube.com/watch?v=4oqfodY2Lz0>
 - New Jersey Traffic Law Center
 - <https://www.newjerseytrafficlawcenter.com/traffic-laws/improper-passing/#:~:text=PASS%20ONLY%20WHEN%20SAFE&text=Pass%20on%20the%20right%20only,right%20should%20of%20the%20roadway>
- **Reciprocal Teaching**
 - Control Panel Research
 - https://docs.google.com/presentation/d/1b0wsdQ5PGvpW6ymBePBVWP5JzvIYAJUiw_wqLb6yUo18/edit#slide=id.gf6be5972a0_0_5

- **YouTube video clips**
 - TV ad for Speeding
 - <https://www.youtube.com/watch?v=5gCDZD9wVEY>
- **Distracted Driving Simulator**
 - <https://www.teendrive365inschool.com/sites/default/files/headsup/index.html>
- **Guest Speaker -**
 - Watchung Hills School Resource Officer
 - Joe Cassorio

Assessments

<https://docs.google.com/document/d/1z90hu2-lCxoUTewriJPJT15846tUuXMFSuMHD8is0yI/edit>

Modifications for Diverse Learners

<https://docs.google.com/document/d/1cUIE1QRfV7jJNjgU2NdcW1x91UAyDENE/edit>