Boulangerie: Cookies, Cakes, Pastries and Breads

Content Area: Family and Consumer Science

Course(s): Foods 1
Time Period: Semester 1 & 2
Length: 8 weeks
Status: Published

Standards - NJCCS/CCSS

0xPERS.K-12.2.A.2 Demonstrate creativity

0xPERS.K-12.2.A.3 Use time-management, organizational and study skills

0xPERS.K-12.2.A.6 Set high standards of quality

0xPERS.K-12.2.B.9 Demonstrate personal safety skills

0xPERS.K-12.2.C.2 Create positive and supportive relationships with other students

0xPERS.K-12.2.C.6 Use effective collaboration and cooperation skills

Enduring Understandings

- 1. Mastering advanced baking methods, with cakes, cookies, tarts, and breads, leads to marketable creations.
- 2. Creating a variety of desserts for clients requires planning, practice, and expertise.
- 3. The ability to read a recipe, determine if it will be successful, and make changes, as necessary, are characteristics of a master baker.

Essential Questions

- 1. Why is important for all successful bakers to master advanced baking techniques?
- 2. Why is it necessary to understand mixing methods and ratios for a variety of baked products?
- 3. Is it important to follow recipes carefully when baking? Why or why not?

Knowledge and Skills

- Students will be able to demonstrate appropriate techniques for baking a variety of desserts.
- Student will be able to create gourmet cookies, layer cakes, tarts, shortcakes and breads which appeal to a large audience.
- Students will be able to demonstrate how to properly modify dessert recipes while maintaining appropriate proportions of leavening agents to liquid to dry ingredients.
- Students will be able to work cooperatively to design and execute show stopping desserts.

Resources

- Unit Plan
- Just the Facts Food and Kitchen Safety DVD
- Top Chef Masters: Season 1: Episodes 1, 9 and 10
- The Great British Baking Show: Seasons 1 through 4
- Textbook: Discovering Foods
- Julie and Julia DVD
- Kitchen equipment
 - o Nasco
 - o Hubert
- Google Suite https://gsuite.google.com/
 - o Google forms
 - o Google classroom
 - o Google slides
- Factile https://www.playfactile.com/
 - o use for review

Transfer Goals

- 1. Students will be able to independently bake cakes, cookies, tarts, and breads that show technical expertise and attention to detail.
- 2. Students will be able to modify dessert recipes to add their own signature flourishes.

Assessments

<u>Assessments</u>

Modifications

Modifications