Assessments

Content Area: Health & Phys Ed
Course(s): Physical Education 9-12

Time Period: Semester 1
Length: 3 weeks
Status: Published

Assessments

ASSESSMENTS: Health and PE

Formative:

- Exit Tickets
- Openings and Closings (Do-Nows/Warm-ups)
- Strategic Questioning higher order thinking skills
- Group discussions
- Participation
- Google Forms
- Problem solving
- Self-reflection
- Research and investigation
- Structured observations
- Peer Review

Alternative:

- Exams on Google Forms/Google platform
- Seesaw Portfolios: video analysis
- Creative projects student design
- Movement analysis
- Selected response
- Flipgrid video assessment

Benchmarks:

• SGOs Develop 2 goals by October 30. Mid-year review by January. Make revisions by February 14.

Complete both SGOs by March.

- Skills development: Define at the beginning of each activity. Evaluate throughout the unit.
- Diagnostic assessment by skill area: End of unit activity
- FitnessGram: Student self-evaluation
- Checklists/rating scales: Google Classroom feedback
- Progress monitoring: Student journals

Summative:

- End of Unit Chapter Tests
 - o Multiple Choice
 - Short Answer Questions
 - o Essay Questions
 - o Free Response Questions
- Self-challenge and personal growth