Elementary Games

Content Area: **Health & Phys Ed**
Course(s): **Physical Education 9-12**
Time Period: **Generic Time Period**
Length: **3 weeks**
Status: **Published**

Standards

2.1.12.CHSS.8	Investigate how local, state, and global agencies are addressing health issues caused by climate change and share this information in an appropriate setting. Advanced technique and concepts will elevate student's confidence, performance, skills, and participation in physical activity (e.g., games, sports, aerobics, fitness activities).
2.2.12.PF.2	Respect and appreciate all levels of ability and encourage with care during all physical activities.
2.2.12.LF.5	Describe the social benefits gained from participating in physical activity (e.g., meeting someone, making friends, team work, building trust, experiencing something new).

Enduring Understandings

1. Investigate the rules and strategies of elementary games and activities. ***HE.9-12.2.1.12.CHSS.*** *Community Health, Services, and Support: [Core Idea] - Healthy individuals demonstrate the ability to identify who, where, when, or how to seek help for ones self or others.*
2. Perform tasks as a group or individual with respect and sportsmanship while establishing a love and understanding of physical activity that will last a lifetime. ***HE.9-12.2.2.12.LF.*** *Lifelong Fitness: [Core Idea] - Healthy habits and behaviors are created by personal learning experiences, knowledge, beliefs, and goals towards living and maintaining a healthy lifestyle of fitness, self-expression, social interaction, and enjoying movement in a safe and healthy environment.*
3. Develop offensive and defensive strategies in game situations. ***HE.9-12.2.2.12.PF.*** *Physical Fitness: [Core Idea] - Physical and emotional growth often relies on taking personnal responsibility for developing and maintaining physical fitness levels that also provide opportunities for self-expression, enjoyment, and emotional satisfaction.*

Essential Questions

1. How can developing an understanding of rules and strategies improve your ability to participate successfully in activities?
2. In what ways can the development of skills over the course of time change strategies and levels of confidence from games played in elementary school?
3. Why is it important to perform well in groups with respect and good sportsmanship?
4. In what ways will the development of offensive and defensive strategies improve overall game play?
5. Why is it important to develop a love and understanding of physical activity?

Knowledge and Skills

Performance expectations are

- Demonstrate respect and sportsmanship throughout each activity and have a learned awareness of your environment. ***HE.9-12.2.2.12.PF.2***
- Show an understanding of rules and strategies of games played. ***HE.9-12.2.2.12.LF.5***
- Practice safe, efficient, and effective movement in developing and maintaining a healthy active lifestyle. ***HE.9-12.2.1.12.CHSS.8***

Transfer Goals

1. Students will be able to independently transition to life long fitness activities through the engagement of recreation sports.
2. Students will be able to independently incorporate teamwork, work ethic, accountability, and character education into everyday living.
3. Students will be able to engage in cooperative learning activities while working together with a group towards a common goal.

Resources

- Open Phys Ed https://openphysed.org/912-highschool-mods
- PE Central pecentral.org
- Elementary Games For Large Class Sizes https://www.thepespecialist.com/largeclasshacks/
- 46 PE games...https://www.weareteachers.com/elementary-pe-games/

Assessments

https://docs.google.com/document/d/1z90hu2-lCXoUTewriJPJTl5846tUuXMFSuMHD8is0yI/edit

Modifications for Diverse Learners

https://docs.google.com/document/d/1cUIE1QRfV7jJNjgU2NdcW1x91UAyDENe/edit