Dance

Content Area: **Health & Phys Ed**
Course(s): **Physical Education 9-12**
Time Period: **Semester 1**
Length: **3 weeks**
Status: **Published**

Standards

1.1.12prof.Cr1	Generating and conceptualizing ideas.
1.1.12acc.Cr2	Organizing and developing ideas.
1.1.12adv.Cr3	Refining and completing products.
1.1.12adv.Pr	Performing
1.1.12acc.Pr5c	Maintain optimal alignment and adjust the placement and shifting energy of the body while traveling through space, both preceding and following jumps.
1.1.12acc.Pr5e	Execute clarity of movement intention during complex movement sequences. Use style/genre specific vocabulary and execute codified movements with style/genre specific alignment and characteristics, through focused practice and repetition.
1.1.12acc.Pr6	Conveying meaning through art.
1.1.12acc.Re8	Interpreting intent and meaning.
1.1.12acc.Cn11a	Analyze how the role of dance in a global society has influenced various cultures, societies and historical periods throughout history. Examine how innovations in the arts have impacted dance-making in these communities in relation to the ideas and perspectives of the people from whom the dances originate.

Enduring Understandings

1. The ability to move safely through space in a dance classroom requires full body awareness.
2. Dance is a complex artform that is used by performers and choreographers as a language for expression.
3. A dancer's artistry develops overtime by expanding movement vocabulary and knowledge technical principles.
4. Anatomical principles are used by dance performers and choreographers to make the movement more complex, interesting, and seamless.
5. Providing appropriate feedback allows dancers to refine and improve performance.

Essential Questions

1. How do anatomical principles influence dance performance?
2. How do dancers execute proper dance technique?
3. How do dancers properly participate in a dance class?
4. How do dancers perform a series of complex movements?
5. How do dancers provide appropriate feedback about dance performance?

Knowledge and Skills

SWBAT

- …apply correct dance posture/alignment to movement.
- …apply feedback to refine movement performance.
- …execute effective stretching techniques.
- …execute proper elements of dance technique.
- …execute a series of complex movements.
- …generate appropriate peer feedback.
- …generate a definition for "dance" as an art form.
- …identify key elements of dance anatomy (spine & pelvis).
- …understand concepts of spatial awareness.
- …understand the importance of properly warming-up before taking a dance class.
- …understand the progression of a modern dance class.
- …implement spatial awareness when performing a phrase of movement.

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Transfer Goals

1. Students will independently be able to communicate effectively based on purpose, task and audience using

appropriate anatomical vocabulary.

2. Students will independently be able to respond to technical and conceptual challenges of their own.

Resources

- Written Assessment 1, Movement Exam 1

Assessments

https://docs.google.com/document/d/1I3QWtpvpjY_OUYEMOIjXGCyhF9M7PPHvRCTPf8RDTzg/edit?usp=sharing

Modifications for Diverse Learners

https://docs.google.com/document/d/1ODqaPP69YkcFiyG72fIT8XsUIe3K1VSG7nxuc4CpCec/edit?usp=sharing