

# Unit 3B: Para mantener la salud

Content Area: **World Language**  
Course(s): **Spanish 1**  
Time Period: **Semester 2**  
Length: **5 weeks**  
Status: **Published**

## Standards

---

WL.NM.7.1.NM.IPERS.1	Request and provide information by asking and answering simple, practiced questions, using memorized words and phrases.
WL.NM.7.1.NM.IPERS.2	Share basic needs on very familiar topics using words, phrases, and short memorized, formulaic sentences practiced in class.
WL.NM.7.1.NM.IPRET.1	Identify familiar spoken and written words, phrases, and simple sentences contained in culturally authentic materials and other resources related to targeted themes.
WL.NM.7.1.NM.IPRET.2	Respond with actions and/or gestures to oral and written directions, commands, and requests that relate to familiar and practiced topics.
WL.NM.7.1.NM.IPRET.3	Identify familiar people, places, objects in daily life based on simple oral and written descriptions.
WL.NM.7.1.NM.PRSNT.1	Present basic personal information, interests, and activities using memorized words, phrases, and a few simple sentences on targeted themes.
WL.NM.7.1.NM.PRSNT.2	State basic needs on very familiar topics using words, phrases, and short memorized, formulaic sentences practiced in class.

## Enduring Understanding

---

1. Health care systems influence healthy lifestyle choices. WL.NL.7.1.NL.IPRET [Core Idea] - Learning a language involves interpreting meaning from listening, viewing, and reading culturally authentic materials in the target language.
2. Food preferences determine good and bad eating habits. FL.NH.7.1.NH.IPERS [Core Idea] - Interpersonal communication between and among people is the exchange of information and the negotiation of meaning.

## Essential Questions

---

1. What does a healthy lifestyle mean to you?
2. How is dinner different from breakfast and lunch?
3. What does a typical dinner for you consist of?
4. How can you describe food?

## **Knowledge and Skills**

---

The Performance Expectations for this unit are:

### INTERPERSONAL MODE

- engage in the oral exchange of information, options, and ideas in a variety of time frames in formal and informal situations. FL.AL.7.1.AL.IPERS.1
- engage in the oral exchange of information and to clarify meaning by using a variety of strategies. FL.AL.7.1.AL.IPERS.2
- state and support opinions in oral interactions. FL.AL.7.1.AL.IPERS.3
- use a variety of vocabulary, including idiomatic and culturally appropriate expressions on a variety of topics. FL.AL.7.1.AL.IPERS.5

### PRESENTATIONAL MODE

- engage in the written exchange of information, opinions, and ideas in a variety of frames in formal and informal situations. FL.AL.7.1.AL.PRSNT.2
- write formal and informal correspondence in a variety of media using appropriate formats and conventions FL.AL.7.1.AL.PRSNT.3
- uses a variety of vocabulary, including idiomatic and culturally appropriate expressions on a variety of topics. FL.AL.7.1.AL.PRSNT.4
- self-monitor and adjust language production. FL.AL.7.1.AL.PRSNT.35

### INTERPRETIVE MODE

- demonstrate comprehension of content from authentic audio, audiovisual, and visual resources. FL.AL.7.1.AL.IPRET.2
- demonstrate comprehension of a variety of vocabulary, including idiomatic and culturally authentic expressions. FL.AL.7.1.AL.IPRET.1
- identify the distinguishing features of authentic audio, visual, and audiovisual resources. FL.AL.7.1.AL.IPRET.3
- demonstrate and understand the features of target cultures and communities. FL.AL.7.1.AL.IPRET.4

## **Transfer Goals**

---

Compare and contrast healthy lifestyle choices in the U.S. and in Spanish speaking countries.

Culture impacts healthy lifestyles.

## Resources

---

[https://www.youtube.com/results?search\\_query=realidades+1+3B](https://www.youtube.com/results?search_query=realidades+1+3B)

## Assessments

---

1. Realidades 1 Textbook <https://explore.savvas.com/index.cfm?locator=PS22Nj>
2. Realidades 1 Guided Practice Workbook <https://explore.savvas.com/index.cfm?locator=PS22Nj>
3. Realidades 1 3B Audios and Videos

[https://www.youtube.com/results?search\\_query=realidades+1+3B](https://www.youtube.com/results?search_query=realidades+1+3B)

[1lo2AIasvf4HI9gJfGI60hDv57y4d5XKz4Hmy8MukXIQ/edit](https://www.youtube.com/watch?v=1lo2AIasvf4HI9gJfGI60hDv57y4d5XKz4Hmy8MukXIQ/edit)

- 4.. Realidades 1 quizlet <https://quizlet.com/search?query=realidades-1&type=all>

## Modifications

---

<https://docs.google.com/document/d/1cUIE1QRfV7jJNjgU2NdcW1x91UAyDENE/edit>