**Steps to Respect: A Bully Prevention Program**

**Grade 3: Pre-Post Test**



**Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Class\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Section 1: True/False. Circle **True** if the sentence is true or **False** if the sentence is false.

1. I give respect only to my friends. True False
2. I make new friends by starting a conversation. True False

3. I have the right to express my feelings. True False

4. When I see bullying, I should try to ignore it. True False

5. Tattling and reporting are the same thing. True False

Section 2: Multiple Choice. Circle the best letter for each of the following statements.

1. The 3 “R’s” of bully prevention are:
2. Respect, responsibility, report
3. Recognize, refuse, report
4. Report, rights, refuse
5. I must report bullying immediately when:
6. Someone is in danger of being hurt.
7. Someone is bothering me.
8. After trying to ignore someone who calls me a silly name.
9. The following behaviors are assertive:
10. Standing tall and speaking in a strong, clear voice
11. Shouting at the bully in a loud voice into his/her face
12. Ignoring the bully and letting go of his/her hurtful behavior

**Turn Over Please**

1. Which one of the following questions are necessary to recognize bullying?
2. How does it feel? Does it keep happening?
3. How does it feel? Is it fair? Does it keep happening?
4. Is it fair? Who are the bullies?
5. A bystander can help a target by:
6. Watch the bullying
7. Ignore the bully and not get involved at all
8. Report the bullying to an adult