Unit 1: Understanding the Problem

Content Area: **Guidance**
Course(s): **21st Century Skills**
Time Period: **Generic Time Period**
Length: **2 Weeks**
Status: **Published**

Unit Overview

The goal of this unit is to increase students' understanding of interpersonal conflicts and factors that contribute to violent and nonviolent solutions. Students will also identify the feelings of others, understand the changing nature of emotions, and recognize that others have differing points of view.

Standards

CRP.K-12.CRP4	Communicate clearly and effectively and with reason.
CRP.K-12.CRP5	Consider the environmental, social and economic impacts of decisions.
CAEP.9.2.8.B.3	Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.

Essential Questions

- What is interpersonal conflict and how can it lead to violence?
- What are the factors in my life which can keep me violence free?
- How can I identify with the feelings others?
- What is an "I-message" and why is it important in expressing my feelings?

Application of Knowledge: Students will know...

- body language, facial expression, and situational clues help to reveal feelings of others
- factors that keep a person free from violence includes education, association with others who share a common view that conflicts can be solved peacefully, and goal setting for the future
- interpersonal conflicts are unresolved problems between two or more people
- interpersonal violence includes physical and verbal aggression that most often happens between family, friends, and acquaintances

Application of Skills: Students will be able to...

- define and distinguish interpersonal conflict from interpersonal violence
- express needs and feelings by using an "I-message"

- identify protective and at-risk factors for violence
- recognize how feelings change over time
- recognize that people's perspectives are based on experiences, feelings, needs, and belief

Assessments

- Unit pre-test
- Performance Rubric: Taking Another's Perspective
- Performance rubric: Conflict Resolution Role Plays
- Unit post- test

Suggested Activities

- In-class activity: Feelings Charades
- Role Plays: Taking perspective and formation of "I-message"
- Homework: Effective Communication (use of "I-message")

Activities to Differentiate Instruction

- Provide scaffolding for I-message activity
- Allow for all responsble responses to classroom activities

Integrated/Cross-Disciplinary Instruction

- Health and physical education: conflict resolution
- Language Arts: communication skills (use of I-messages)
- Performing arts: role plays

Resources

- Power point for lesson
- Publisher created homework assignments
- Teacher made materials for in-class activity